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NECULAI STANCIU
MARIN CHIRCIU
ROXANA MIHAELA STANCIU

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1. Applications of J. Radon' s inequality in triangle
... pag. 2

D.M. Bătinețu-Giurgiu and Neculai Stanciu

2. Generating triangle inequalities from algebraic
inequalities ... pag.5

Marin Chirciu

3. 3. Metoda polinoamelor reciproce
... pag. 103

Gheorghe Ghiță

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1. Applications of J. Radon's inequality in triangle

D.M. Bătinețu-Giurgiu and Neculai Stanciu

Theorem 1. If $x, y, z \in R_+^*$, $m \in R_+$, then in any triangle ABC holds

$$\begin{aligned} & \frac{\cos^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2})^m} + \frac{\cos^{2m+2} \frac{B}{2}}{(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2} + z \cos^2 \frac{A}{2})^m} + \\ & + \frac{\cos^{2m+2} \frac{C}{2}}{(x \sin^2 \frac{C}{2} + y \sin^2 \frac{A}{2} + z \cos^2 \frac{B}{2})^m} \geq \frac{(4R+r)^{m+1}}{2R(2(x+2y+2z)R+(2z-x-y)r)^m} \end{aligned}$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} & \sum \frac{\cos^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2})^m} = \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)^m} \geq \\ & \geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2} + z \cos^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \sin^2 \frac{A}{2}\right)^{m+1}}{\left((x+y)\sum \sin^2 \frac{A}{2} + z\sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Because,

$$\sum \sin^2 \frac{A}{2} = \frac{2R-r}{2R},$$

and

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we obtain the conclusion.

Theorem 2. If $x, y \in R_+^*$, $m \in R_+$, then in any triangle ABC holds

$$\frac{\cos^{2m+2} \frac{A}{2}}{(x\cos^2 \frac{B}{2} + y\cos^2 \frac{C}{2})^m} + \frac{\cos^{2m+2} \frac{B}{2}}{(x\cos^2 \frac{C}{2} + y\cos^2 \frac{A}{2})^m} + \frac{\cos^{2m+2} \frac{C}{2}}{(x\cos^2 \frac{A}{2} + y\cos^2 \frac{B}{2})^m} \geq \frac{4R+r}{2R(x+y)^m}.$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} \sum \frac{\cos^{2m+2} \frac{A}{2}}{(x\cos^2 \frac{B}{2} + y\cos^2 \frac{C}{2})^m} &= \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x\cos^2 \frac{B}{2} + y\cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{(x+y)^m \left(\sum \cos^2 \frac{A}{2}\right)^m} = \frac{\sum \cos^2 \frac{A}{2}}{(x+y)^m} \end{aligned}$$

Since,

$$\sum \cos^2 \frac{A}{2} = \frac{4R+r}{2R},$$

we get the desired conclusion.

Theorem 3. If $x, y \in R_+$, $m \in R_+$, then in any triangle ABC holds

$$\begin{aligned} \frac{\cos^{2m+2} \frac{A}{2}}{(x\sin^2 \frac{B}{2} + y\cos^2 \frac{C}{2})^m} + \frac{\cos^{2m+2} \frac{B}{2}}{(x\sin^2 \frac{C}{2} + y\cos^2 \frac{A}{2})^m} + \frac{\cos^{2m+2} \frac{C}{2}}{(x\sin^2 \frac{A}{2} + y\cos^2 \frac{B}{2})^m} \geq \\ \geq \frac{(4R+r)^{m+1}}{2R(2(x+2y)R+(y-x)r)^m}. \end{aligned}$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} \sum \frac{\cos^{2m+2} \frac{A}{2}}{(x\sin^2 \frac{B}{2} + y\cos^2 \frac{C}{2})^m} &= \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x\sin^2 \frac{B}{2} + y\cos^2 \frac{C}{2}\right)^m} \geq \\ &\geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x\sin^2 \frac{B}{2} + y\cos^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(x\sum \sin^2 \frac{A}{2} + y\sum \cos^2 \frac{A}{2}\right)^m} \end{aligned}$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R - r}{2R},$$

and

$$\sum \cos^2 \frac{A}{2} = \frac{4R + r}{2R},$$

we obtain the conclusion.

Theorem 4. If $x, y \in R_+$, $m \in R_+$, then in any triangle ABC holds

$$\begin{aligned} & \frac{\cos^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2})^m} + \frac{\cos^{2m+2} \frac{B}{2}}{(x \sin^2 \frac{C}{2} + y \sin^2 \frac{A}{2})^m} + \frac{\cos^{2m+2} \frac{C}{2}}{(x \sin^2 \frac{A}{2} + y \sin^2 \frac{B}{2})^m} \geq \\ & \geq \frac{(4R + r)^{m+1}}{2R(x + y)^m (2R - r)^m}. \end{aligned}$$

Proof. By J.Radon's inequality we have

$$\begin{aligned} & \sum \frac{\cos^{2m+2} \frac{A}{2}}{(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2})^m} = \sum \frac{\left(\cos^2 \frac{A}{2}\right)^{m+1}}{\left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)^m} \geq \\ & \geq \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left(\sum \left(x \sin^2 \frac{B}{2} + y \sin^2 \frac{C}{2}\right)\right)^m} = \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{\left((x + y) \cdot \sum \sin^2 \frac{A}{2}\right)^m} = \frac{\left(\sum \cos^2 \frac{A}{2}\right)^{m+1}}{(x + y)^m \left(\sum \sin^2 \frac{A}{2}\right)^m} \end{aligned}$$

Since,

$$\sum \sin^2 \frac{A}{2} = \frac{2R - r}{2R},$$

and

$$\sum \cos^2 \frac{A}{2} = \frac{4R + r}{2R},$$

we deduce the result.

3. Generating triangle inequalities from algebraic inequalities (I)

Marin Chirciu¹

Articolul prezintă inegalități în triunghiuri obținute din inegalități algebrice, selectate din diverse publicații de specialitate.

Aplicația1.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{x^7}{2+2\sqrt{yz}} \geq \frac{1}{3^8} \cdot \frac{27}{8}.$$

Konstantinos Geronikolas, Greece, MathTime 8/2023

Remarca.

If $x, y, z > 0, x + y + z = 1$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^n}{1+\sqrt{yz}} \geq \frac{1}{4 \cdot 3^{n-2}}.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\sum \frac{\left(\frac{r}{r_a}\right)^n}{1+\frac{1}{p}\sqrt{rr_a}} \geq \frac{1}{4 \cdot 3^{n-2}}, n \in \mathbf{N}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0, x + y + z = 1$ and $n \in \mathbf{N}$ then

$$\sum \frac{x^n}{1+\sqrt{yz}} \geq \frac{1}{4 \cdot 3^{n-2}}.$$

Demonstratie.

¹ Profesor, Colegiul Național „Zinca Golescu” Pitești

Pentru $n=0$ avem $\sum \frac{1}{1+\sqrt{yz}} \geq \frac{9}{4}$, vezi $\sum \frac{1}{1+\sqrt{yz}} \stackrel{CS}{\geq} \frac{9}{\sum(1+\sqrt{yz})} = \frac{9}{3+\sum\sqrt{yz}} \stackrel{(1)}{\geq} \frac{9}{3+1} = \frac{9}{4}$,

unde $(1) \Leftrightarrow \sum \sqrt{yz} \leq 1$, adevărat din $\sum \sqrt{yz} \stackrel{CBS}{\leq} \sqrt{3 \sum yz} \stackrel{SOS}{\leq} \sqrt{(\sum x)^2} = 1$.

Pentru $n=1$ avem $\sum \frac{x}{1+\sqrt{yz}} \geq \frac{3}{4}$, vezi

$$\sum \frac{x}{1+\sqrt{yz}} = \sum \frac{x^2}{x+x\sqrt{yz}} \stackrel{CS}{\geq} \frac{(\sum x)^2}{\sum(x+x\sqrt{yz})} = \frac{1^2}{\sum x + \sum x\sqrt{yz}} \stackrel{(1)}{\geq} \frac{1}{1+\frac{1}{3}} = \frac{3}{4},$$

unde $(1) \Leftrightarrow \sum x\sqrt{yz} \leq \frac{1}{3}$, adevărat din

$$ab+bc+ca \leq a^2+b^2+c^2, \text{ pentru } (a,b,c) = (\sqrt{yz}, \sqrt{zx}, \sqrt{xy}) \text{ și } yz \leq \frac{1}{3}(\sum x)^2 = \frac{1}{3}$$

Pentru $n \geq 2$ se folosește inegalitatea lui Holder.

$$LHS = \sum \frac{x^n}{1+\sqrt{yz}} \stackrel{Holder}{\geq} \frac{(\sum x)^n}{3^{n-2} \sum(1+\sqrt{yz})} = \frac{1^n}{3^{n-2} (3 + \sum \sqrt{yz})} \stackrel{(1)}{\geq} \frac{1}{3^{n-2} (3+1)} = \frac{1}{3^{n-2} \cdot 4} = RHS.$$

Egalitatea are loc dacă și numai dacă $x = y = z = \frac{1}{3}$.

Se cunoaște identitatea în triunghi $\sum \frac{r}{r_a} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{\left(\frac{r}{r_a}\right)^n}{1 + \sqrt{\frac{r}{r_b} \frac{r}{r_c}}} \geq \frac{1}{4 \cdot 3^{n-2}} \Leftrightarrow \sum \frac{\left(\frac{r}{r_a}\right)^n}{1 + \sqrt{\frac{r^2}{r_b r_c}}} \geq \frac{1}{4 \cdot 3^{n-2}} \stackrel{r_a r_b r_c = r p^2}{\Leftrightarrow} \sum \frac{\left(\frac{r}{r_a}\right)^n}{1 + \sqrt{\frac{r r_a}{p^2}}} \geq \frac{1}{4 \cdot 3^{n-2}} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{\left(\frac{r}{r_a}\right)^n}{1 + \frac{1}{p} \sqrt{r r_a}} \geq \frac{1}{4 \cdot 3^{n-2}}.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

Problema se poate dezvolta.

If $x, y, z > 0$, $x + y + z = 1$ and $n \in \mathbf{N}$, $\lambda \geq 0$ then

$$\sum \frac{x^n}{\lambda + \sqrt{yz}} \geq \frac{1}{(3\lambda + 1) \cdot 3^{n-2}}.$$

Marin Chirciu

Aplicația2.

In $\triangle ABC$

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^7}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^6 + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^6} \geq \frac{1}{2}.$$

Daniel Sitaru,RMM 8/2023

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sum \frac{x^7}{y^6 + z^6} \geq \frac{1}{2}$$

Demonstratie.

Folosim inegalitatea lui Chebyshev pentru tripletele la fel ordonate (x, y, z) și

$$\left(\frac{x^6}{y^6 + z^6}, \frac{y^6}{z^6 + x^6}, \frac{z^6}{x^6 + y^6} \right).$$

$$\sum \frac{x^7}{y^6 + z^6} = \sum x \frac{x^6}{y^6 + z^6} \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum x \sum \frac{x^6}{y^6 + z^6} \stackrel{\text{Nesbitt}}{\geq} \frac{1}{3} \cdot 1 \cdot \frac{3}{2} = \frac{1}{2}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{A}{2} \tan \frac{B}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2} \tan \frac{B}{2}, \tan \frac{B}{2} \tan \frac{C}{2}, \tan \frac{C}{2} \tan \frac{A}{2} \right)$ obținem:

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^7}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^6 + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^6} \geq \frac{1}{2}$$

Remarca.

In ΔABC

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^{n+1}}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^n + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^n} \geq \frac{1}{2}, n \in \mathbb{N}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$ and $n \in \mathbb{N}$ then

$$\sum \frac{x^{n+1}}{y^n + z^n} \geq \frac{1}{2}.$$

Demonstratie.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2} \tan \frac{B}{2}, \tan \frac{B}{2} \tan \frac{C}{2}, \tan \frac{C}{2} \tan \frac{A}{2}\right)$ obținem:

$$\sum \frac{\left(\tan \frac{A}{2} \tan \frac{B}{2}\right)^{n+1}}{\left(\tan \frac{B}{2} \tan \frac{C}{2}\right)^n + \left(\tan \frac{C}{2} \tan \frac{A}{2}\right)^n} \geq \frac{1}{2}$$

Aplicația3.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \sqrt{\frac{yz}{x + yz}} \leq \frac{3}{2}.$$

Kunihiko Chikaya, MathTime 8/2023

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{1+\frac{p^2}{r_a^2}}} \leq \frac{3}{2}.$$

Marin Chirciu

Solutie.

Lema.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \sqrt{\frac{yz}{x+yz}} \leq \frac{3}{2}.$$

If $x, y, z > 0, x + y + z = 1$ then

$$\sqrt{\frac{yz}{x+yz}} \leq \frac{1}{2} \left(\frac{y}{x+y} + \frac{z}{x+z} \right).$$

Demonstratie.

$$\sqrt{\frac{yz}{x+yz}} = \sqrt{\frac{yz}{x(x+y+z)+yz}} = \sqrt{\frac{yz}{(x+y)(x+z)}} = \sqrt{\frac{y}{x+y} \cdot \frac{z}{x+z}} \stackrel{AM-GM}{\leq} \frac{1}{2} \left(\frac{y}{x+y} + \frac{z}{x+z} \right).$$

$$\text{Obținem } \sum \sqrt{\frac{yz}{x+yz}} \leq \sum \frac{1}{2} \left(\frac{y}{x+y} + \frac{z}{x+z} \right) = \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\begin{aligned} \sum \sqrt{\frac{\frac{r}{r_b} \frac{r}{r_c}}{\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c}}} \leq \frac{3}{2} &\Leftrightarrow \sum \sqrt{\frac{rr_a}{rr_a + r_b r_c}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{r_b r_c}{rr_a}}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{r_a r_b r_c}{rr_a^2}}} \leq \frac{3}{2} \Leftrightarrow \\ &\Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{rp^2}{rr_a^2}}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{1 + \frac{p^2}{r_a^2}}} \leq \frac{3}{2}. \end{aligned}$$

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{1 + \frac{h_b h_c}{r h_a}}} \leq \frac{3}{2}.$$

Marin Chirciu

Aplicatia4.

If $a, b, c > 0$, $a+b+c=3$ and $\lambda \geq 0$ then

$$\frac{(a+b)(b+c)(c+a)}{ab+bc+ca} + \frac{\lambda}{abc} \geq \lambda + \frac{8}{3}.$$

Marin Chirciu, IneMath 7/2023

Solution .

We use pqr -Method.

We note $p = a+b+c$, $q = ab+bc+ca$, $r = abc$.

We have $p = 3$, $(a+b)(b+c)(c+a) = \prod(3-a) = 3q - r$.

$$3 = a+b+c \geq 3\sqrt[3]{abc} = 3\sqrt[3]{r} \Rightarrow r \leq 1.$$

$$q^2 = (ab+bc+ca)^2 \geq 3abc(a+b+c) = 9r \Rightarrow q^2 \geq 9r.$$

Inequality $\frac{(a+b)(b+c)(c+a)}{ab+bc+ca} + \frac{\lambda}{abc} \geq \lambda + \frac{8}{3}$ is written $\frac{3q-r}{q} + \frac{\lambda}{r} \geq \lambda + \frac{8}{3} \Leftrightarrow$

$$\Leftrightarrow 3r(3q-r) + 3\lambda q \geq (3\lambda + 8)qr \Leftrightarrow$$

$$\Leftrightarrow q[3\lambda - (3\lambda - 1)r] \geq 3r^2 \Leftrightarrow q \geq \frac{3r^2}{[3\lambda - (3\lambda - 1)r]}, (\text{see: } r \leq 1 < \frac{3\lambda}{3\lambda - 1}).$$

Using $q^2 \geq 9r$ is enough to show $3\sqrt{r} \geq \frac{3r^2}{[3\lambda - (3\lambda - 1)r]} \Leftrightarrow 9r \geq \frac{9r^4}{[3\lambda - (3\lambda - 1)r]^2} \Leftrightarrow$

$$\Leftrightarrow [3\lambda - (3\lambda - 1)r]^2 \geq r^3 \Leftrightarrow r^3 + (1 - 3\lambda)r^3 + 6\lambda(3\lambda - 1)r - 9\lambda^2 \leq 0 \Leftrightarrow$$

$$\Leftrightarrow (r-1)[r^2 + (6\lambda - 9\lambda^2)r + 9\lambda^2] \leq 0, \text{ which result from: } (r-1) \leq 0 \text{ and}$$

$$\left[r^2 + (6\lambda - 9\lambda^2)r + 9\lambda^2 \right] > 0, \text{ for } 0 < r \leq 1 \text{ and } \lambda \geq 0.$$

Equality occurs if and only if $a = b = c = 1$.

Remark.

The problem can develop.

In ΔABC

$$\frac{\left(\frac{1}{r_a} + \frac{1}{r_b}\right)\left(\frac{1}{r_b} + \frac{1}{r_c}\right)\left(\frac{1}{r_c} + \frac{1}{r_a}\right)}{r_a + r_b + r_c} + \frac{1}{243r^4} \geq \frac{1}{F^2}.$$

Marin Chirciu

Lemma.

If $x, y, z > 0, x + y + z = 3$ then

$$\frac{(x+y)(y+z)(z+x)}{xy + yz + zx} + \frac{1}{3xyz} \geq 3.$$

Solution .

We use pqr -Method.

We note $p = x + y + z, q = xy + yz + zx, r = xyz$.

We have $p = 3, (x+y)(y+z)(z+x) = \prod(3-x) = 3q - r$.

$$3 = x + y + z \geq 3\sqrt[3]{xyz} = 3\sqrt[3]{r} \Rightarrow r \leq 1.$$

$$q^2 = (xy + yz + zx)^2 \geq 3xyz(x + y + z) = 9r \Rightarrow q^2 \geq 9r.$$

Inequality $\frac{(x+y)(y+z)(z+x)}{xy + yz + zx} + \frac{1}{3xyz} \geq 3$ is written $\frac{3q-r}{q} + \frac{1}{3r} \geq 3 \Leftrightarrow q \geq 3r^2$.

Using $q^2 \geq 9r$ is enough to show $3\sqrt[3]{r} \geq 3r^2 \Leftrightarrow 9r \geq 9r^4 \Leftrightarrow r \leq 1$.

Equality occurs if and only if $x = y = z = 1$.

The identity in the triangle is known $\sum \frac{r}{r_a} = 1 \Leftrightarrow \sum \frac{3r}{r_a} = 3$.

Using **Lemma** for $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ we have:

$$\begin{aligned}
& \left(\frac{3r}{r_a} + \frac{3r}{r_b} \right) \left(\frac{3r}{r_b} + \frac{3r}{r_c} \right) \left(\frac{3r}{r_c} + \frac{3r}{r_a} \right) + \frac{1}{3 \cdot \frac{3r}{r_a} \cdot \frac{3r}{r_b} \cdot \frac{3r}{r_c}} \geq 3 \Leftrightarrow \\
& \Leftrightarrow \frac{27r^3 \left(\frac{1}{r_a} + \frac{1}{r_b} \right) \left(\frac{1}{r_b} + \frac{1}{r_c} \right) \left(\frac{1}{r_c} + \frac{1}{r_a} \right)}{9r^2 \left(\frac{1}{r_a} \cdot \frac{1}{r_b} + \frac{1}{r_b} \cdot \frac{1}{r_c} + \frac{1}{r_c} \cdot \frac{1}{r_a} \right)} + \frac{1}{81r^3 \cdot \frac{1}{r_a} \cdot \frac{1}{r_b} \cdot \frac{1}{r_c}} \geq 3 \Leftrightarrow \\
& \Leftrightarrow \frac{\left(\frac{1}{r_a} + \frac{1}{r_b} \right) \left(\frac{1}{r_b} + \frac{1}{r_c} \right) \left(\frac{1}{r_c} + \frac{1}{r_a} \right)}{r_a + r_b + r_c} + \frac{1}{243r^4} \geq \frac{1}{r^2 p^2} \Leftrightarrow
\end{aligned}$$

Equality occurs if and only if the triangle is equilateral.

Aplicatia5.

If $x, y, z > 0$, $x + y + z = 1$ then find min of

$$P = \frac{1}{xyz} + \frac{1}{x^2 + y^2 + z^2}.$$

Pham Van Tuyen, Vietnam, THCS7/2023

Soluție.

$$P = \frac{1}{xyz} + \frac{1}{x^2 + y^2 + z^2} = \frac{x+y+z}{xyz} + \frac{1}{x^2 + y^2 + z^2} = \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} + \frac{1}{x^2 + y^2 + z^2}.$$

$$\text{Avem } \frac{1}{xy} + 81xy \geq 2\sqrt{\frac{1}{xy} \cdot 81xy} = 18, \text{ cu egalitate pentru } \frac{1}{xy} = 81xy \Leftrightarrow xy = \frac{1}{9}.$$

$$\text{Rezultă } \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} + 18(xy + yz + zx) \geq 54 \Rightarrow \sum \frac{1}{xy} \geq 54 - 81 \sum xy, (1).$$

$$\text{Avem } \frac{1}{x^2 + y^2 + z^2} + 9(x^2 + y^2 + z^2) \stackrel{sos}{\geq} 6 \Rightarrow \frac{1}{x^2 + y^2 + z^2} \geq 6 - 9 \sum x^2, (2).$$

Din (1) și (2) obținem:

$$P = \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} + \frac{1}{x^2 + y^2 + z^2} \geq 54 - 81 \sum xy + 6 - 9 \sum x^2 = 60 - 9 \sum x^2 - 81 \sum xy =$$

$$= 60 - 9(\sum x^2 + 2 \sum xy) - 63 \sum xy = 60 - 9(\sum x)^2 - 63 \sum xy = 60 - 9 \cdot 1^2 - 63 \sum xy =$$

$$= 51 - 63 \sum xy \stackrel{sos}{\geq} 51 - 63 \cdot \frac{1}{3} = 51 - 21 = 30.$$

Egalitatea are loc dacă și numai dacă $x = y = z = \frac{1}{3}$.

Deducem că $\min P = 30$ pentru $x = y = z = \frac{1}{3}$.

Remarca.

Problema se poate dezvolta.

Let $0 \leq \lambda \leq \frac{9}{2}$ fixed. If $x, y, z > 0$, $x + y + z = 1$ then find min of

$$P = \frac{1}{xyz} + \frac{\lambda}{x^2 + y^2 + z^2}.$$

Marin Chirciu

Remarca.

Problema se poate dezvolta.

In $\triangle ABC$

$$p^2 + \frac{\lambda}{\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}} \geq (27 + 3\lambda)r^2, \quad 0 \leq \lambda \leq \frac{9}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ and $0 \leq \lambda \leq \frac{9}{2}$ then

$$\frac{1}{xyz} + \frac{\lambda}{x^2 + y^2 + z^2} \geq 27 + 3\lambda.$$

Soluție.

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\frac{1}{\frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}} + \frac{\lambda}{\left(\frac{r}{r_a}\right)^2 + \left(\frac{r}{r_b}\right)^2 + \left(\frac{r}{r_c}\right)^2} \geq 27 + 3\lambda \Leftrightarrow \frac{1}{\frac{r^3}{r_a r_b r_c}} + \frac{\lambda}{r^2 \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}\right)} \geq 27 + 3\lambda \Leftrightarrow$$

$$\Leftrightarrow \frac{1}{\frac{r^3}{rp^2}} + \frac{\lambda}{r^2 \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \right)} \geq 27 + 3\lambda \Leftrightarrow \frac{1}{\frac{r^2}{p^2}} + \frac{\lambda}{r^2 \left(\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \right)} \geq 27 + 3\lambda \Leftrightarrow$$

$$\Leftrightarrow p^2 + \frac{\lambda}{\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2}} \geq (27 + 3\lambda)r^2.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca.

In ΔABC

$$\frac{2p^2}{Rr} + \frac{\lambda}{r^2 \left(\frac{1}{h_a^2} + \frac{1}{h_b^2} + \frac{1}{h_c^2} \right)} \geq 27 + 3\lambda, 0 \leq \lambda \leq \frac{9}{2}.$$

Marin Chirciu

Aplicatia6.

If $a, b, c > 0$, $a + b + c = 1$ and $n > 1$ then

$$\sum a\sqrt[n]{b} \geq \frac{1}{\sqrt[n]{3}}.$$

Marin Chirciu

Soluție.

Cu substituția $(x, y, z) = (3a, 3b, 3c)$ problema se reformulează:

If $x, y, z > 0$, $x + y + z = 3$ and $n > 1$ then

$$\sum x\sqrt[n]{y} \leq 3.$$

Lema.

If $x, y, z > 0$, $x + y + z = 3$ and $n > 1$ then

$$x\sqrt[n]{y} \leq \frac{x(y+n-1)}{n}.$$

Demonstratie

$$x\sqrt[n]{y} = x\sqrt[n]{y \cdot \underbrace{1 \cdot 1 \cdots 1}_{n-1}} \stackrel{AM-GM}{\leq} x \frac{\overbrace{y+1+1+\cdots+1}^{n-1}}{n} = \frac{x(y+n-1)}{n}, \text{ cu egalitate pentru } y=1.$$

$$LHS = \sum x\sqrt[n]{y} \stackrel{Lema}{\leq} \sum \frac{x(y+n-1)}{n} = \frac{1}{n} \sum xy + \frac{n-1}{n} \sum x \leq \frac{1}{n} \cdot 3 + \frac{n-1}{n} \cdot 3 = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{r}{r_a} \sqrt[n]{\frac{3r}{r_b}} \leq 1, n > 1.$$

Marin Chirciu

Soluție.

If $x, y, z > 0, x + y + z = 3$ and $n > 1$ then

$$\sum x\sqrt[n]{y} \leq 3.$$

Lema.

If $x, y, z > 0, x + y + z = 3$ and $n > 1$ then

$$x\sqrt[n]{y} \leq \frac{x(y+n-1)}{n}.$$

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{3r}{r_a} \sqrt[n]{\frac{3r}{r_b}} \leq 3 \Leftrightarrow \sum \frac{r}{r_a} \sqrt[n]{\frac{3r}{r_b}} \leq 1.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{r}{h_a} \sqrt[n]{\frac{3r}{h_b}} \leq 1, n > 1.$$

Marin Chirciu

Aplicatia7.

If $a, b, c > 0, a+b+c=1$ then

$$\sum \sqrt[3]{a^4 + 2b^2c^2} \geq 1.$$

Nguyen Viet Hung, Vietnam, Mathematical Inequalities7/2023

Soluție.

$$\begin{aligned} LHS &= \sum \sqrt[3]{a^4 + 2b^2c^2} = \sum \sqrt[3]{(a+b+c)(a+c+b)(a^4 + b^2c^2 + b^2c^2)} \stackrel{\text{Holder}}{\geq} \sum \sqrt[3]{(\sqrt[3]{a^6} + \sqrt[3]{b^3c^3} + \sqrt[3]{b^3c^3})^3} = \\ &\sum \sqrt[3]{(a^2 + bc + bc)^3} = \sum (a^2 + bc + bc) = \sum (a^2 + 2bc) = (a+b+c)^2 = 1 = RHS. \end{aligned}$$

Remarca.

In ΔABC

$$\sum \sqrt[3]{\frac{1}{r_a^4} + \frac{2}{r_b^2 r_c^2}} \geq \sqrt[3]{\frac{1}{r^4}}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x+y+z=1$ then

$$\sum \sqrt[3]{x^4 + 2y^2z^2} \geq 1.$$

Se cunoaște identitatea în triunghi $\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \sqrt[3]{\left(\frac{r}{r_a}\right)^4 + 2\left(\frac{r}{r_b}\right)^2\left(\frac{r}{r_c}\right)^2} \geq 1 \Leftrightarrow \sum \sqrt[3]{\frac{1}{r_a^4} + \frac{2}{r_b^2 r_c^2}} \geq \sqrt[3]{\frac{1}{r^4}}.$$

Remarca.

In ΔABC

$$\sum \sqrt[3]{\frac{1}{h_a^4} + \frac{2}{h_b^2 h_c^2}} \geq \sqrt[3]{\frac{1}{r^4}}.$$

Marin Chirciu

Aplicația8.

J636. If $a, b, c > 0$, $ab + bc + ca = 3$ then

$$\sum \frac{1}{a^2 + 1} \leq \frac{a+b+c}{2}.$$

Marius Stănean, Zalău, Mathematical Reflections 4/2023, J636

Solution .

$$\begin{aligned} \sum \frac{1}{a^2 + 1} \leq \frac{a+b+c}{2} &\Leftrightarrow -\sum \frac{1}{a^2 + 1} \geq -\frac{a+b+c}{2} \Leftrightarrow 3 - \sum \frac{1}{a^2 + 1} \geq 3 - \frac{a+b+c}{2} \Leftrightarrow \\ &\Leftrightarrow \sum \left(1 - \frac{1}{a^2 + 1}\right) \geq 3 - \frac{a+b+c}{2} \Leftrightarrow \sum \frac{a^2}{a^2 + 1} \geq 3 - \frac{a+b+c}{2} \Leftrightarrow \sum \frac{a^2}{a^2 + 1} + \frac{a+b+c}{2} \geq 3, \end{aligned}$$

which result from CS:

$$\begin{aligned} \sum \frac{a^2}{a^2 + 1} + \frac{a+b+c}{2} &\stackrel{\text{CS}}{\geq} \frac{(\sum a)^2}{\sum(a^2 + 1)} + \frac{\sum a}{2} = \frac{(\sum a)^2}{\sum a^2 + 3} + \frac{\sum a}{2} = \frac{p^2}{p^2 - 3} + \frac{p}{2} \stackrel{(1)}{\geq} 3, \\ (1) \Leftrightarrow \frac{p^2}{p^2 - 3} + \frac{p}{2} \geq 3 &\Leftrightarrow p^3 - 4p^2 - 3p + 18 \geq 0 \Leftrightarrow (p-3)^2(p+2) \geq 0. \end{aligned}$$

Equality occurs if and only if $a = b = c = 1$.

Remark.

In $\triangle ABC$

$$\sum \frac{1}{1 + 3 \tan^2 \frac{A}{2}} \leq 3 \cdot \frac{R}{2r}$$

Marin Chirciu

Solution .

Lemma.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{x^2 + 1} \leq \frac{x+y+z}{2}.$$

Remark.

If $a, b, c > 0$, $abc = 1$ then

$$\sum \frac{1}{ab + 1} \leq \frac{ab + bc + ca}{2}.$$

Marin Chirciu

Solution .

We use pqr -Method.

We note $p = a + b + c, q = ab + bc + ca, r = abc$.

$$\text{We have } r = 1, \sum \frac{1}{ab+1} = \frac{\sum(bc+1)(ca+1)}{\prod(ab+1)} = \frac{\sum a + 2\sum bc + 3}{abc + \sum a + \sum bc + 1} = \frac{p+2q+3}{p+q+2}.$$

Inequality $\sum \frac{1}{ab+1} \leq \frac{ab+bc+ca}{2}$ is written $\frac{p+2q+3}{p+q+2} \leq \frac{q}{2} \Leftrightarrow q^2 + pq \geq 2p + 2q + 6$.

Using $q^2 = (ab+bc+ca)^2 \geq 3abc(a+b+c) = 3rp = 3p \Rightarrow q^2 \geq 3p$ is enough to show

$$3p + pq \geq 2p + 2q + 6 \Leftrightarrow p + pq \geq 2q + 6 \Leftrightarrow p(q+1) \geq 2q + 6 \Leftrightarrow p \geq \frac{2q+6}{q+1}.$$

Using $p^2 \geq 3q$ is enough to show that $3q \geq \left(\frac{2q+6}{q+1}\right)^2 \Leftrightarrow 3q^3 + 2q^2 - 21q - 36 \geq 0 \Leftrightarrow$

$$\Leftrightarrow (q-3)(3q^2 + 11q + 12) \geq 0 \Leftrightarrow q \geq 3, \text{ which is true from } q^2 \geq 3p \text{ and } p \geq 3,$$

see $p = a + b + c \geq 3\sqrt[3]{abc} = 3$.

Equality occurs if and only if $a = b = c = 1$.

Aplicația9.

If $a, b, c > 0, a + b + c = abc$ then

$$\frac{a}{b^3} + \frac{b}{c^3} + \frac{c}{a^3} \geq 1.$$

Sladjan Stankovik, Mathematical Inequalities, 8/2014

Soluție.

$$a + b + c = abc \Leftrightarrow \frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca} = 1.$$

$$\begin{aligned} LHS &= \frac{a}{b^3} + \frac{b}{c^3} + \frac{c}{a^3} = \left(\frac{a}{b^3} + \frac{b}{c^3} + \frac{c}{a^3} \right) \left(\frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca} \right)^{CBS} \left(\sqrt{\frac{a}{b^3} \cdot \frac{1}{ab}} + \sqrt{\frac{b}{c^3} \cdot \frac{1}{bc}} + \sqrt{\frac{c}{a^3} \cdot \frac{1}{ca}} \right)^2 = \\ &= \left(\frac{1}{b^2} + \frac{1}{c^2} + \frac{1}{a^2} \right)^2 \stackrel{sos}{\geq} \left(\frac{1}{ab} + \frac{1}{bc} + \frac{1}{ca} \right)^2 = 1 = RHS. \end{aligned}$$

Remarca.

In ΔABC

$$\frac{\cot \frac{A}{2}}{\cot^3 \frac{B}{2}} + \frac{\cot \frac{B}{2}}{\cot^3 \frac{C}{2}} + \frac{\cot \frac{C}{2}}{\cot^3 \frac{A}{2}} \geq 1.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $x + y + z = xyz$ then

$$\frac{x}{y^3} + \frac{y}{z^3} + \frac{z}{x^3} \geq 1.$$

Se cunoaște identitatea în triunghi $\cot \frac{A}{2} + \cot \frac{B}{2} + \cot \frac{C}{2} = \cot \frac{A}{2} \cot \frac{B}{2} \cot \frac{C}{2} = \frac{p}{r}$.

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ obținem:

$$\frac{\cot \frac{A}{2}}{\cot^3 \frac{B}{2}} + \frac{\cot \frac{B}{2}}{\cot^3 \frac{C}{2}} + \frac{\cot \frac{C}{2}}{\cot^3 \frac{A}{2}} \geq 1.$$

Aplicația10.

J628. If $a, b, c > 0$, $ab + bc + ca = 1$ then

$$\sum bc\sqrt{2a+b+c} \geq \frac{2}{\sqrt{a+b+c}}.$$

Nguyen Viet Hung, Vietnam, Mathematical Reflections3/2023, J628

Solution .

Using Holder-inequality we have:

$$\sum bc\sqrt{2a+b+c} \cdot \sum bc\sqrt{2a+b+c} \cdot \sum \frac{bc}{2a+b+c} \stackrel{\text{Holder}}{\geq} \left(\sum bc \right)^3 = 1.$$

It is enough to show that:

$$\left(\sum bc\sqrt{2a+b+c} \right)^2 \geq \frac{1}{\sum \frac{bc}{2a+b+c}}, \text{(1), which results from } \sum \frac{bc}{2a+b+c} \leq \frac{a+b+c}{4}, \text{(2)}$$

$$\begin{aligned}
 & (\text{see } \sum \frac{bc}{2a+b+c} = \sum \frac{bc}{(a+b)+(a+c)} \leq \frac{1}{4} \sum bc \left(\frac{1}{a+b} + \frac{1}{a+c} \right) = \\
 & = \frac{1}{4} \sum \left(\frac{bc}{a+b} + \frac{bc}{a+c} \right) = \frac{1}{4} \sum \left(\frac{ab}{b+c} + \frac{ac}{b+c} \right) = \frac{1}{4} \sum \frac{a(b+c)}{b+c} = \frac{1}{4} \sum a = \frac{a+b+c}{4}).
 \end{aligned}$$

From (1) and (2) we have:

$$\begin{aligned}
 & \left(\sum bc\sqrt{2a+b+c} \right)^2 \geq \frac{1}{a+b+c} \Leftrightarrow \left(\sum bc\sqrt{2a+b+c} \right)^2 \geq \frac{4}{a+b+c} \Leftrightarrow \\
 & \Leftrightarrow \sum bc\sqrt{2a+b+c} \geq \frac{2}{\sqrt{a+b+c}}.
 \end{aligned}$$

Equality occurs if and only if $a=b=c=\frac{1}{\sqrt{3}}$.

Remark.

The problem can develop.

If $a, b, c > 0$, $a+b+c=1$ then

$$\sum a\sqrt{a+1} \geq \frac{2}{\sqrt{3}}.$$

Marin Chirciu

Solution .

Using Holder-inequality we have:

$$\sum a\sqrt{a+1} \cdot \sum a\sqrt{a+1} \cdot \sum \frac{a}{a+1} \stackrel{\text{Holder}}{\geq} \left(\sum a \right)^3 = 1.$$

It is enough to show that:

$$\left(\sum a\sqrt{a+1} \right)^2 \geq \frac{1}{\sum \frac{a}{a+1}}, (1), \text{ which results from } \sum \frac{a}{a+1} \leq \frac{3}{4}, (2)$$

$$\begin{aligned}
 & (\text{see } \sum \frac{a}{a+1} = \sum \frac{a}{2a+b+c} = \sum \frac{a}{(a+b)+(a+c)} \leq \frac{1}{4} a \left(\frac{1}{a+b} + \frac{1}{a+c} \right) = \\
 & = \frac{1}{4} \sum \left(\frac{a}{a+b} + \frac{a}{a+c} \right) = \frac{1}{4} \sum \left(\frac{a}{a+b} + \frac{b}{a+b} \right) = \frac{1}{4} \sum 1 = \frac{1}{4} \cdot 3 = \frac{3}{4}).
 \end{aligned}$$

From (1) and (2) we have:

$$\left(\sum a\sqrt{a+1}\right)^2 \geq \frac{1}{3} \Leftrightarrow \left(\sum a\sqrt{a+1}\right)^2 \geq \frac{4}{3} \Leftrightarrow \sum a\sqrt{a+1} \geq \frac{2}{\sqrt{3}}.$$

Equality occurs if and only if $a = b = c = \frac{1}{3}$.

Remark.

In ΔABC

$$\sum \frac{r}{r_a} \sqrt{\frac{3r}{r_a} + 3} \geq 2.$$

Marin Chirciu

Solution .

Lemma.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum x\sqrt{x+1} \geq \frac{2}{\sqrt{3}}.$$

Using identity in triangle $\sum \frac{r}{r_a} = 1$ and **Lemma** for $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ we have>

$$\sum \frac{r}{r_a} \sqrt{\frac{r}{r_a} + 1} \geq \frac{2}{\sqrt{3}} \Leftrightarrow \sum \frac{r}{r_a} \sqrt{\frac{3r}{r_a} + 3} \geq 2.$$

Equality occurs if and only if the triangle is equilateral.

Remark.

In ΔABC

$$\sum \frac{r}{h_a} \sqrt{\frac{3r}{h_a} + 3} \geq 2.$$

Marin Chirciu

Remark.

The problem can develop.

If $a, b, c > 0$, $ab + bc + ca = 1$ then

$$\sum bc\sqrt[3]{2a+b+c} \geq \frac{2}{\sqrt[3]{2(a+b+c)}}.$$

Marin Chirciu

Aplicația 11.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sum \frac{x}{y+z} \leq \frac{3}{2}(x^2 + y^2 + z^2).$$

Elton Papanikolla, MathOlymp, 7/2023

Soluție.

$$\sum \frac{x}{y+z} \leq \frac{3}{2}(x^2 + y^2 + z^2) \Leftrightarrow 2(\sum x^3 + \sum x) \leq 3 \prod (y+z) \sum x^2$$

Folosim pqr -method.

Notăm $p = x + y + z$, $q = xy + yz + zx$, $r = xyz$.

Inegalitatea $2(\sum x^3 + \sum x) \leq 3 \prod (y+z) \sum x^2$ se scrie:

$$2(p^3 - 3pq - 3r + p) \leq 3(pq - r)(p^2 - 2q) \stackrel{q=1}{\Leftrightarrow} 2(p^3 - 3p - 3r + p) \leq 3(p - r)(p^2 - 2) \Leftrightarrow \\ \Leftrightarrow p^2 - 3pr - 2 \geq 0, \text{ care rezultă din } p^2 \geq 3q = 3 \text{ și } 1 = q^2 \geq 3pr.$$

Obținem: $p^2 - 3pr - 2 \geq 3 - 1 - 2 = 0$.

Remarca.

În $\triangle ABC$

$$\frac{3}{2} \leq \sum \frac{\tan \frac{A}{2}}{\tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3}{2} \left(\frac{R}{r} - 1 \right).$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\sum \frac{x}{y+z} \leq \frac{3}{2} (x^2 + y^2 + z^2).$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\tan \frac{A}{2}}{\tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3}{2} \left(\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2} + \tan^2 \frac{C}{2} \right).$$

Folosind: $\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2}{p^2} - 2 \stackrel{\text{Gerretsen}}{\leq} \frac{(4R+r)^2}{r(4R+r)^2} - 2 = \frac{R+r}{r} - 2 = \frac{R}{r} - 1$, rezultă:

$$\sum \frac{\tan \frac{A}{2}}{\tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3}{2} \left(\frac{R}{r} - 1 \right).$$

Aplicația 12.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$\frac{x^2}{x+1} + \frac{y^2}{y+1} + \frac{z^2}{z+1} \geq \frac{\sqrt{3}}{\sqrt{3}+1}.$$

Matematics(College and High Scholl), Math for change 7/2023

Soluție.

$$LHS = \sum \frac{x^2}{x+1} \stackrel{CS}{\geq} \frac{\left(\sum x\right)^2}{\sum(x+1)} = \frac{\left(\sum x\right)^2}{\sum x + 3} \stackrel{(1)}{\geq} \frac{\sqrt{3}}{\sqrt{3}+1} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{\left(\sum x\right)^2}{\sum x + 3} \geq \frac{\sqrt{3}}{\sqrt{3}+1} \stackrel{\sqrt{x}=t}{\Leftrightarrow} \frac{t^2}{t+3} \geq \frac{\sqrt{3}}{\sqrt{3}+1} \Leftrightarrow (\sqrt{3}+1)t^2 - \sqrt{3}t - 3\sqrt{3} \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (t-\sqrt{3})[(\sqrt{3}+1)t+3] \geq 0 \Leftrightarrow t \geq \sqrt{3}, \text{ vezi } 1 = \sum xy \leq \frac{1}{3} \left(\sum x \right)^2 \Rightarrow \sum x \geq \sqrt{3}.$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 1$ and $\lambda \geq 0$ then

$$\frac{x^2}{x+\lambda} + \frac{y^2}{y+\lambda} + \frac{z^2}{z+\lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}.$$

Marin Chirciu

Remarca.

In ΔABC

$$\sum \frac{\tan^2 \frac{A}{2}}{\tan \frac{A}{2} + \lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}, \lambda \geq 0.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$ and $\lambda \geq 0$ then

$$\frac{x^2}{x+\lambda} + \frac{y^2}{y+\lambda} + \frac{z^2}{z+\lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}.$$

Se cunoaște identitatea în triunghi: $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\tan^2 \frac{A}{2}}{\tan \frac{A}{2} + \lambda} \geq \frac{\sqrt{3}}{\lambda\sqrt{3}+1}.$$

Aplicația13.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$x\sqrt{y^2+1} + y\sqrt{z^2+1} + z\sqrt{x^2+1} \geq 2.$$

Vasile Cartoaje, Mathematical Inequalities7/2023

Soluție.

Lema.

If $x > 0$ then

$$\sqrt{x^2 + 1} \geq \frac{x + \sqrt{3}}{2}.$$

Demonstratie.

$$\sqrt{x^2 + 1} \geq \frac{x + \sqrt{3}}{2} \Leftrightarrow (x\sqrt{3} - 1)^2 \geq 0, \text{ cu egalitate pentru } x = \frac{1}{\sqrt{3}}.$$

$$LHS = \sum x\sqrt{y^2 + 1} \stackrel{\text{Lema}}{\geq} \sum x \cdot \frac{y + \sqrt{3}}{2} = \frac{\sum xy + \sqrt{3}\sum x}{2} \stackrel{(1)}{\geq} \frac{1 + \sqrt{3} \cdot \sqrt{3}}{2} = 2 = RHS,$$

unde (1) $\Leftrightarrow \sum x \geq \sqrt{3}$, (vezi $(\sum x)^2 \geq 3\sum xy = 3 \cdot 1 = 3 \Rightarrow \sum x \geq \sqrt{3}$).

Remarca.

If $x, y, z, \lambda > 0$, $xy + yz + zx = \lambda$ then

$$x\sqrt{y^2 + \lambda} + y\sqrt{z^2 + \lambda} + z\sqrt{x^2 + \lambda} \geq 2\lambda.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\sum \tan \frac{A}{2} \sqrt{1 + \tan^2 \frac{B}{2}} \geq 2.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $xy + yz + zx = 1$ then

$$x\sqrt{y^2 + 1} + y\sqrt{z^2 + 1} + z\sqrt{x^2 + 1} \geq 2.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \tan \frac{A}{2} \sqrt{1 + \tan^2 \frac{B}{2}} \geq 2.$$

Aplicația 14.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{x^3+1} \leq \frac{3}{8xyz}.$$

AOPS, 7/2023

Soluție.**Lema.**

If $0 < x < \sqrt{3}$ then

$$\frac{1}{x^3+1} \leq \frac{11-3x}{64}.$$

Demonstratie

Folosim Tangent Line Method pentru funcția $f : (0, \sqrt{3}) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{x^3+1}$ în $x_0 = 1$.

Avem $f(1) = \frac{1}{8}$.

Ecuația tangentei în punctul $x_0 = 1$ este $y - f(x_0) = f'(x_0)(x - x_0)$.

Avgem $f'(x) = \frac{-3x^2}{(x^3+1)^2}$, $f'(1) = \frac{-3}{64}$.

Ecuația tangentei în punctul $x_0 = 1$ este:

$$y - \frac{1}{8} = \frac{-3}{64}(x - 1) \Leftrightarrow y = \frac{11-3x}{64}.$$

Arătăm că: $f(x) = \frac{1}{x^3+1} \leq \frac{11-3x}{64} \Leftrightarrow 3x^4 - 11x^3 + 21x - 13 \leq 0 \Leftrightarrow (x-1)^2(3x^2 - 5x - 13) \leq 0$, deoarece $(3x^2 - 5x - 13) < 0$ pentru $0 < x < \sqrt{3}$ și $(x-1)^2$, cu egalitate pentru $x=1$.

$$LHS = \sum \frac{1}{x^3+1} \stackrel{\text{Lema}}{\leq} \sum \frac{11-3x}{64} = \frac{33-3\sum x}{64} \stackrel{(1)}{\leq} \frac{33-3 \cdot 3}{64} = \frac{3}{8} \stackrel{(2)}{\leq} \frac{3}{8xyz} = RHS,$$

unde (1) $\Leftrightarrow \sum x \geq 3$, care rezultă din $(\sum x)^2 \geq 3 \sum xy = 3 \cdot 3 = 9 \Rightarrow \sum x \geq 3$.

$$(2) \Leftrightarrow xyz \leq 1, \text{ vezi } 3 = xy + yz + zx \geq 3\sqrt[3]{(xyz)^2} \Rightarrow xyz \leq 1.$$

Remarca.

În $\triangle ABC$

$$\sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{3}{8} \cdot \frac{R}{2r}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{x^3 + 1} \leq \frac{3}{8xyz}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\begin{aligned} \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} &\leq \frac{3}{8 \cdot \sqrt{3} \tan \frac{A}{2} \sqrt{3} \tan \frac{B}{2} \sqrt{3} \tan \frac{C}{2}} \Leftrightarrow \\ &\Leftrightarrow \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{1}{8\sqrt{3} \tan \frac{A}{2} \tan \frac{B}{2} \tan \frac{C}{2}} \Leftrightarrow \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{1}{8\sqrt{3} \cdot \frac{r}{p}} \Leftrightarrow \\ &\Leftrightarrow \sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{p}{8\sqrt{3} \cdot r}. \end{aligned}$$

Folosind inegalitatea lui Mitrinovic $p \leq \frac{3R\sqrt{3}}{2}$ obținem:

$$\sum \frac{1}{\left(\sqrt{3} \tan \frac{A}{2}\right)^3 + 7} \leq \frac{p}{8\sqrt{3} \cdot r} \leq \frac{\frac{3R\sqrt{3}}{2}}{8\sqrt{3} \cdot r} = \frac{3}{8} \cdot \frac{R}{2r}$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq 4$ then

$$\sum \frac{1}{x^3 + \lambda} \leq \frac{3}{(\lambda + 1)xyz}.$$

Marin Chirciu

Soluție.**Lema.**

If $0 < x < \sqrt{3}$ and $\lambda \geq 4$ then

$$\frac{1}{x^3 + \lambda} \leq \frac{\lambda + 4 - 3x}{(\lambda + 1)^2}.$$

Demonstrație

Folosim Tangent Line Method pentru funcția $f : (0, \sqrt{3}) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{x^3 + \lambda}$ în $x_0 = 1$.

Aplicația 15.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{x}{2y^3 + 1} \geq 1.$$

Pham Van Tuyen, Vietnam, THCS 6/2023

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\frac{x}{2y^3 + 1} \geq x - \frac{2}{3}xy.$$

Demonstrație

$$\frac{x}{2y^3 + 1} = x \left(1 - \frac{2y^3}{2y^3 + 1}\right) \stackrel{AM-GM}{\geq} x \left(1 - \frac{2y^3}{3y^2}\right) = x - \frac{2}{3}xy, \text{ cu egalitate pentru } y = 1.$$

$$LHS = \sum \frac{x}{2y^3 + 1} \stackrel{Lema}{\geq} \sum \left(x - \frac{2}{3}xy\right) = \sum x - \frac{2}{3} \sum xy = \sum x - \frac{2}{3} \cdot 3 = \sum x - 2 \stackrel{(1)}{\geq} 3 - 2 = 1 = RHS,$$

$$\text{unde (1)} \Leftrightarrow \sum x \geq 3, \text{ care rezultă din } (\sum x)^2 \geq 3 \sum xy = 3 \cdot 3 = 9 \Rightarrow \sum x \geq 3.$$

Remarca.

In ΔABC

$$\sum \frac{\tan \frac{A}{2}}{6 \tan^3 \frac{A}{2} + \frac{1}{\sqrt{3}}} \geq 1.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{x}{2y^3 + 1} \geq 1.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\sqrt{3} \tan \frac{A}{2}}{2 \left(\sqrt{3} \tan \frac{A}{2} \right)^3 + 1} \geq 1 \Leftrightarrow \sum \frac{\tan \frac{A}{2}}{6 \tan^3 \frac{A}{2} + \frac{1}{\sqrt{3}}} \geq 1.$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{x}{3y^4 + 1} \geq \frac{3}{4}.$$

Marin Chirciu

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $n \in \mathbf{N}$ then

$$\sum \frac{x}{ny^{n+1} + 1} \geq \frac{3}{n+1}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$ then

$$\frac{x}{ny^{n+1} + 1} \geq x - \frac{n}{n+1} xy.$$

Aplicația 16.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{yz}{\sqrt{x+yz}} \leq \frac{1}{2}.$$

Hoang Dot Toan, Vietnam, THCS 6/2023

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\frac{yz}{\sqrt{x+yz}} \leq \frac{yz}{2} \left(\frac{1}{x+y} + \frac{1}{x+z} \right).$$

Demonstratie

$$\begin{aligned} \frac{yz}{\sqrt{x+yz}} &= \frac{yz}{\sqrt{x(x+y+z)+yz}} = \frac{yz}{\sqrt{x^2+xy+yz+zx}} = \frac{yz}{\sqrt{(x+y)(x+z)}} = yz \sqrt{\frac{1}{x+y} \cdot \frac{1}{x+z}} \stackrel{AM-GM}{\leq} \\ &\stackrel{AM-GM}{\leq} \frac{yz}{2} \left(\frac{1}{x+y} + \frac{1}{x+z} \right). \end{aligned}$$

$$LHS = \sum \frac{yz}{\sqrt{x+yz}} \leq \sum \frac{yz}{2} \left(\frac{1}{x+y} + \frac{1}{x+z} \right) = \frac{1}{2} \sum \frac{xy+xz}{y+z} = \frac{1}{2} \sum x = \frac{1}{2} = RHS.$$

Remarca.

In ΔABC

$$\sum \frac{\sqrt{rr_a}}{\sqrt{1+\frac{p^2}{r_a^2}}} \leq \frac{p}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{yz}{\sqrt{x+yz}} \leq \frac{1}{2}.$$

$$\text{Se cunoaște identitatea în triunghi } \frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\sum \frac{xyz}{\sqrt{x}\sqrt{x^2 + xyz}} \leq \frac{1}{2} \Leftrightarrow \sum \frac{\frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}}{\sqrt{\frac{r}{r_a}} \sqrt{\left(\frac{r}{r_a}\right)^2 + \frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}}} \leq \frac{1}{2} \Leftrightarrow \sum \frac{\sqrt{rr_a}}{\sqrt{1 + \frac{r^2}{r_a^2}}} \leq \frac{p}{2}.$$

Am folosit mai sus $r_a r_b r_c = rp^2$.

Aplicația 16.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{1}{2x^2 + 2x + yz} \geq \frac{1}{xy + yz + zx}.$$

Pham Van Tuyen, Vietnam

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\frac{1}{2x^2 + 2x + yz} \geq \frac{yz}{(xy + yz + zx)^2}.$$

Demonstratie

$$2x^2 + 2x + yz = 2x^2 + 2x(x + y + z) + yz = 4x^2 + 2xy + 2xz + yz = (2x + y)(2x + z).$$

$$\frac{1}{2x^2 + 2x + yz} = \frac{1}{(2x + y)(2x + z)} = \frac{yz}{(2xz + yz)(2xy + yz)} \stackrel{AM-GM}{\geq} \frac{yz}{\left[\frac{(2xz + yz) + (2xy + yz)}{2} \right]^2} =$$

$$= \frac{yz}{(xy + yz + zx)^2}, \text{ cu egalitate pentru } (2xz + yz) = (2xy + yz) \Leftrightarrow y = z.$$

$$\sum \frac{1}{2x^2 + 2x + yz} \geq \sum \frac{yz}{(xy + yz + zx)^2} = \frac{1}{xy + yz + zx}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\frac{2r}{r_a^2} + \frac{2}{r_a} + \frac{r}{r_b r_c}} \geq 3r.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{1}{2x^2 + 2x + yz} \geq \frac{1}{xy + yz + zx}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\begin{aligned} \sum \frac{1}{2\left(\frac{r}{r_a}\right)^2 + 2\frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c}} &\geq \frac{1}{\frac{r}{r_a} \frac{r}{r_b} + \frac{r}{r_b} \frac{r}{r_c} + \frac{r}{r_c} \frac{r}{r_a}} \Leftrightarrow \sum \frac{1}{2\frac{r^2}{r_a^2} + 2\frac{r}{r_a} + \frac{r^2}{r_b r_c}} \geq \frac{1}{r^2 \left(\frac{1}{r_a r_b} + \frac{1}{r_b r_c} + \frac{1}{r_c r_a} \right)} \Leftrightarrow \\ \sum \frac{1}{2\frac{r}{r_a^2} + 2\frac{1}{r_a} + \frac{r}{r_b r_c}} &\geq \frac{1}{r \frac{4R+r}{rp^2}} \Leftrightarrow \sum \frac{1}{2\frac{r}{r_a^2} + 2\frac{1}{r_a} + \frac{r}{r_b r_c}} \geq \frac{1}{4R+r} \Leftrightarrow \\ \Leftrightarrow \sum \frac{1}{\frac{2r}{r_a^2} + \frac{2}{r_a} + \frac{r}{r_b r_c}} &\geq \frac{p^2}{4R+r}. \end{aligned}$$

Folosind inegalitatea lui Doucet $p^2 \geq 3r(4R+r)$ obținem

$$\sum \frac{1}{\frac{2r}{r_a^2} + \frac{2}{r_a} + \frac{r}{r_b r_c}} \geq \frac{3r(4R+r)}{4R+r} = 3r.$$

Remarca.

In ΔABC

$$\sum \frac{1}{2\frac{r}{h_a^2} + 2\frac{1}{h_a} + \frac{r}{h_b h_c}} \geq 3r.$$

Aplicația17.

If $x, y, z > 0$, $x + y + z = 1$ then

$$33(xy + yz + zx) \leq 54xyz + 9.$$

Trinh Ha, Vietnam, THCS 6/2023

Soluție.

Folosim pqr -Method.

Notăm $x+y+z = p, xy+yz+zx = q, xyz = r$.

Aveam $p = 1, q^2 = (xy + yz + zx)^2 \geq 3xyz(x + y + z) = 3rp = 3r \Rightarrow q^2 \geq 3r$,

$$1 = x + y + z \geq 3\sqrt[3]{xyz} = 3\sqrt[3]{r} \Rightarrow r \leq \frac{1}{27}.$$

Omogenizând inegalitatea se scrie $33(xy + yz + zx)(x + y + z) \leq 54xyz + 9(x + y + z)^3 \Leftrightarrow$

$$\Leftrightarrow 11pq \leq 18r + 3p^3.$$

Folosind inegalitatea lui Schur $p^3 + 9r \geq 4pq$ este suficient să arătăm că:

$$11pq \leq 18r + 3(4pq - 9r) \Leftrightarrow pq \geq 9r, \text{ care rezultă din } p = 3, q^2 \geq 3r \text{ și } r \leq \frac{1}{27}.$$

Remarca.

If $x, y, z > 0, x + y + z = 1$ and $0 \leq \lambda \leq 4$ then

$$\lambda(xy + yz + zx) \leq 9(\lambda - 3)xyz + 1.$$

Marin Chirciu

Remarca.

In ΔABC

$$4r^2 \left(\frac{1}{r_a r_b} + \frac{1}{r_b r_c} + \frac{1}{r_c r_a} \right) \leq 9 \frac{r^3}{r_a r_b r_c} + 1.$$

Marin Chirciu

Lema.

If $x, y, z > 0, x + y + z = 1$ then

$$4(xy + yz + zx) \leq 9xyz + 1.$$

Soluție.

Folosim pqr -Method.

Notăm $x + y + z = p, xy + yz + zx = q, xyz = r$.

Aveam $p = 1, q^2 = (xy + yz + zx)^2 \geq 3xyz(x + y + z) = 3rp = 3r \Rightarrow q^2 \geq 3r$,

$$1 = x + y + z \geq 3\sqrt[3]{xyz} = 3\sqrt[3]{r} \Rightarrow r \leq \frac{1}{27}.$$

Omogenizând inegalitatea se scrie $4(xy + yz + zx)(x + y + z) \leq 9xyz + (x + y + z)^3 \Leftrightarrow 4qp \leq 9r + p^3$, (Inegalitatea lui Schur).

Egalitatea are loc dacă și numai dacă $x = y = z = \frac{1}{3}$.

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$4\left(\frac{r}{r_a} \frac{r}{r_b} + \frac{r}{r_b} \frac{r}{r_c} + \frac{r}{r_c} \frac{r}{r_a}\right) \leq 9 \frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c} + 1 \Leftrightarrow 4r^2 \left(\frac{1}{r_a r_b} + \frac{1}{r_b r_c} + \frac{1}{r_c r_a}\right) \leq 9 \frac{r^3}{r_a r_b r_c} + 1.$$

Aplicația 18.

If $x, y, z > 0$, $x + y + z = xyz$ then

$$\sum \frac{y}{x\sqrt{y^2+1}} \geq \frac{3}{2}.$$

Dung Nguyen Tan, Vietnam, THCS 5/2023

Soluție.

Folosim $x + y + z = xyz \Leftrightarrow \frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx} = 1$.

Cu substituția $\left(\frac{1}{x}, \frac{1}{y}, \frac{1}{z}\right) = (a, b, c)$ problema se reformulează.

If $a, b, c > 0$, $ab + bc + ca = 1$ then

$$\sum \frac{a}{\sqrt{b^2+1}} \geq \frac{3}{2}.$$

Demonstratie.

$$\begin{aligned} \sum \frac{a}{\sqrt{b^2+1}} &= \sum \frac{a}{\sqrt{b^2+ab+bc+ca}} = \sum \frac{a}{\sqrt{(b+a)(b+c)}} \stackrel{AM-GM}{\geq} \sum \frac{a}{\frac{(b+a)+(b+c)}{2}} = \\ &= \sum \frac{2a}{a+2b+c} = \sum \frac{2a^2}{a^2+2ab+ac} \stackrel{CS}{\geq} \frac{2(\sum a)^2}{\sum a^2+3\sum ab} = \frac{2\sum a^2+4\sum ab}{\sum a^2+3\sum ab} \stackrel{(1)}{\geq} \frac{3}{2}, \end{aligned}$$

unde (1) $\Leftrightarrow \sum a^2 \geq \sum ab$, inegalitate cunoscută.

Remarca.

În ΔABC

$$\sum \frac{\cot \frac{B}{2}}{\cot \frac{A}{2} \sqrt{1 + \cot^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = xyz$ then

$$\sum \frac{y}{x\sqrt{y^2+1}} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\sum \cot \frac{A}{2} = \prod \cot \frac{A}{2} = \frac{p}{r}$.

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ obținem:

$$\sum \frac{\cot \frac{B}{2}}{\cot \frac{A}{2} \sqrt{1 + \cot^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Remarca.

În ΔABC

$$\sum \frac{\tan \frac{A}{2}}{\sqrt{1 + \tan^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $a, b, c > 0$, $ab + bc + ca = 1$ then

$$\sum \frac{a}{\sqrt{b^2+1}} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(a, b, c) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{\tan \frac{A}{2}}{\sqrt{1 + \tan^2 \frac{B}{2}}} \geq \frac{3}{2}.$$

Aplicația 19.

If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \frac{1}{x^2 + y^2 + z^2} + \frac{2022}{xy + yz + zx}.$$

Tran Anh Tai, Vietnam, THCS 5/2023

Remarca.

Let $\lambda \geq 2$ fixed. If $x, y, z > 0, x + y + z = 1$ then find min of

$$P = \frac{1}{x^2 + y^2 + z^2} + \frac{\lambda}{xy + yz + zx}.$$

Marin Chirciu

Remarca.

In $\triangle ABC$

$$\frac{1}{\sum \frac{1}{r_a^2}} + \frac{\lambda}{\sum \frac{1}{r_b r_c}} \geq 3(\lambda + 1)r^2, \lambda \geq 2.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 1$ and $\lambda \geq 2$ then

$$\frac{1}{x^2 + y^2 + z^2} + \frac{\lambda}{xy + yz + zx} \geq 3(\lambda + 1).$$

Demonstratie.

$$\begin{aligned}
 P &= \frac{1}{\sum x^2} + \frac{\lambda}{\sum xy} = \left(\frac{1}{\sum x^2} + \frac{1}{\sum xy} + \frac{1}{\sum xy} \right) + \frac{\lambda-2}{\sum xy} \stackrel{cs}{\geq} \frac{(1+1+1)^2}{\sum x^2 + 2\sum xy} + \frac{\lambda-2}{\sum xy} = \\
 &= \frac{9}{(\sum x)^2} + \frac{\lambda-2}{\sum xy} \stackrel{cs}{\geq} \frac{9}{(\sum x)^2} + \frac{\lambda-2}{\frac{1}{3}(\sum x)^2} = \frac{9}{1^2} + \frac{\lambda-2}{\frac{1}{3} \cdot 1^2} = 9 + 3(\lambda-2) = 3(\lambda+1).
 \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\frac{1}{\sum \left(\frac{r}{r_a} \right)^2} + \frac{\lambda}{\sum \frac{r}{r_b} \frac{r}{r_c}} \geq 3(\lambda+1) \Leftrightarrow \frac{1}{\sum \frac{1}{r_a^2}} + \frac{\lambda}{\sum \frac{1}{r_b r_c}} \geq 3(\lambda+1)r^2.$$

Remarca.

În ΔABC

$$\frac{1}{\sum \frac{1}{h_a^2}} + \frac{\lambda}{\sum \frac{1}{h_b h_c}} \geq 3(\lambda+1)r^2, \lambda \geq 2.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ and $\lambda \geq 2$ then

$$\frac{1}{x^2 + y^2 + z^2} + \frac{\lambda}{xy + yz + zx} \geq 3(\lambda+1).$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{h_a}, \frac{r}{h_b}, \frac{r}{h_c} \right)$ obținem:

$$\frac{1}{\sum \left(\frac{r}{h_a} \right)^2} + \frac{\lambda}{\sum \frac{r}{h_b} \frac{r}{h_c}} \geq 3(\lambda+1) \Leftrightarrow \frac{1}{\sum \frac{1}{h_a^2}} + \frac{\lambda}{\sum \frac{1}{h_b h_c}} \geq 3(\lambda+1)r^2.$$

Aplicația20.

If $x, y, z > 0$ then

$$x^2 + y^2 + z^2 + 2xyz + \frac{18}{xy + yz + zx} \geq 11.$$

Dung Nguyen Tan, Vietnam, THCS 5/2023

Soluție.

Lema.

If $x, y, z \geq 0$ then

$$x^2 + y^2 + z^2 + 2xyz + 1 \geq 2(xy + yz + zx).$$

Darij Grinberg

$$\begin{aligned} LHS &= x^2 + y^2 + z^2 + 2xyz + \frac{18}{xy + yz + zx} \stackrel{\text{Lema}}{\geq} 2(xy + yz + zx) - 1 + \frac{18}{xy + yz + zx} = \\ &= 2(xy + yz + zx) + \frac{18}{xy + yz + zx} - 1 \stackrel{\text{AM-GM}}{\geq} 2 \cdot 2 \sqrt{(xy + yz + zx) \cdot \frac{9}{xy + yz + zx}} - 1 = 4 \cdot 3 - 1 = 11. \end{aligned}$$

Remarca.

In ΔABC

$$\frac{\sum \tan \frac{B}{2} \tan \frac{C}{2}}{\sum \tan^2 \frac{A}{2}} + \frac{\left(\sum \tan \frac{A}{2} \right)^3}{9 \prod \tan \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

If $x, y, z > 0$ then

$$x^2 + y^2 + z^2 + 2xyz + \frac{18}{xy + yz + zx} \geq 11.$$

Soluție.

Lema.

If $x, y, z \geq 0$ then

$$x^2 + y^2 + z^2 + 2xyz + 1 \geq 2(xy + yz + zx).$$

Darij Grinberg

Folosind **Lema** pentru $(x, y, z) = \left(2 \sin \frac{A}{2}, 2 \sin \frac{B}{2}, 2 \sin \frac{C}{2} \right)$ obținem:

$$\begin{aligned} & \sum \left(2 \sin \frac{A}{2} \right)^2 + 2 \prod \left(2 \sin \frac{A}{2} \right) + \frac{18}{\sum \left(2 \sin \frac{A}{2} \right) \left(2 \sin \frac{A}{2} \right)} \geq 11 \Leftrightarrow \\ & \Leftrightarrow 4 \sum \sin^2 \frac{A}{2} + 16 \prod \sin \frac{A}{2} + \frac{18}{4 \sum \sin \frac{B}{2} \sin \frac{C}{2}} \geq 11 \Leftrightarrow \\ & \Leftrightarrow 8 \sum \sin^2 \frac{A}{2} + 32 \prod \sin \frac{A}{2} + \frac{9}{\sum \sin \frac{B}{2} \sin \frac{C}{2}} \geq 22 \end{aligned}$$

Aplicația 21.

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{xyz} \geq 28.$$

An Khanh Le, Vietnam, THCS 5/2023

Remarca.

If $x, y, z > 0$ and $\lambda \geq \frac{1}{9}$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \lambda \frac{(x+y+z)^3}{xyz} \geq 27\lambda + 1.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\frac{(x+y+z)^3}{xyz} \geq \frac{9 \sum x^2}{\sum yz} + 18.$$

Demonstratie.

$$\text{Avem } \sum x \sum yz \geq 9xyz \Rightarrow \frac{(x+y+z)^3}{xyz} \geq \frac{9(x+y+z)^2}{xy+yz+zx} = \frac{9 \sum x^2 + 18 \sum yz}{\sum yz} = \frac{9 \sum x^2}{\sum yz} + 18.$$

$$LHS = \frac{xy + yz + zx}{x^2 + y^2 + z^2} + \lambda \frac{(x+y+z)^3}{xyz} \stackrel{\text{Lema}}{\geq} \frac{\sum yz}{\sum x^2} + \frac{9\lambda \sum x^2}{\sum yz} + 18\lambda = \left(\frac{\sum yz}{\sum x^2} + \frac{\sum x^2}{\sum yz} \right) +$$

$$\frac{(9\lambda-1)\sum x^2}{\sum yz} + 18\lambda \stackrel{sos}{\geq} 2 + (9\lambda-1) + 18\lambda = 27\lambda + 1 = RHS.$$

Remarca.

$$\text{Cazul } \lambda = \frac{1}{9}$$

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{9xyz} \geq 4.$$

Marin Chirciu

Remarca.

In ΔABC

$$\frac{\sum \tan \frac{B}{2} \tan \frac{C}{2}}{\sum \tan^2 \frac{A}{2}} + \frac{\left(\sum \tan \frac{A}{2} \right)^3}{9 \prod \tan \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{9xyz} \geq \frac{\sum yz}{\sum x^2} + \frac{\sum x^2}{\sum yz} + 2 \stackrel{AM-GM}{\geq} 2 + 2 = 4.$$

Folosind Lema pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\frac{\sum \tan \frac{B}{2} \tan \frac{C}{2}}{\sum \tan^2 \frac{A}{2}} + \frac{\left(\sum \tan \frac{A}{2} \right)^3}{9 \prod \tan \frac{A}{2}} \geq 4.$$

Remarca.

In ΔABC

$$\frac{\sum \cot \frac{B}{2} \cot \frac{C}{2}}{\sum \cot^2 \frac{A}{2}} + \frac{\left(\sum \cot \frac{A}{2} \right)^3}{9 \prod \cot \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2} \right)$ obținem:

$$\frac{\sum \cot \frac{B}{2} \cot \frac{C}{2}}{\sum \cot^2 \frac{A}{2}} + \frac{\left(\sum \cot \frac{A}{2} \right)^3}{9 \prod \cot \frac{A}{2}} \geq 4.$$

Remarca.

In ΔABC

$$\frac{\sum \sin \frac{B}{2} \sin \frac{C}{2}}{\sum \sin^2 \frac{A}{2}} + \frac{\left(\sum \sin \frac{A}{2} \right)^3}{9 \prod \sin \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\sin \frac{A}{2}, \sin \frac{B}{2}, \sin \frac{C}{2} \right)$ obținem:

$$\frac{\sum \sin \frac{B}{2} \sin \frac{C}{2}}{\sum \sin^2 \frac{A}{2}} + \frac{\left(\sum \sin \frac{A}{2} \right)^3}{9 \prod \sin \frac{A}{2}} \geq 4.$$

Remarca.

In ΔABC

$$\frac{\sum \cos \frac{B}{2} \cos \frac{C}{2}}{\sum \cos^2 \frac{A}{2}} + \frac{\left(\sum \cos \frac{A}{2} \right)^3}{9 \prod \cos \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{9xyz} \geq 4.$$

Folosind **Lema** pentru $(x, y, z) = \left(\cos \frac{A}{2}, \cos \frac{B}{2}, \cos \frac{C}{2} \right)$ obținem:

$$\frac{\sum \cos \frac{B}{2} \cos \frac{C}{2}}{\sum \cos^2 \frac{A}{2}} + \frac{\left(\sum \cos \frac{A}{2} \right)^3}{9 \prod \cos \frac{A}{2}} \geq 4.$$

Remarca.

In ΔABC

$$\frac{\sum \sec \frac{B}{2} \sec \frac{C}{2}}{\sum \sec^2 \frac{A}{2}} + \frac{\left(\sum \sec \frac{A}{2} \right)^3}{9 \prod \sec \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x+y+z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\sec \frac{A}{2}, \sec \frac{B}{2}, \sec \frac{C}{2} \right)$ obținem:

$$\frac{\sum \sec \frac{B}{2} \sec \frac{C}{2}}{\sum \sec^2 \frac{A}{2}} + \frac{\left(\sum \sec \frac{A}{2} \right)^3}{9 \prod \sec \frac{A}{2}} \geq 4.$$

Remarca.

In ΔABC

$$\frac{\sum \csc \frac{B}{2} \csc \frac{C}{2}}{\sum \csc^2 \frac{A}{2}} + \frac{\left(\sum \csc \frac{A}{2} \right)^3}{9 \prod \csc \frac{A}{2}} \geq 4.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$ then

$$\frac{xy + yz + zx}{x^2 + y^2 + z^2} + \frac{(x + y + z)^3}{9xyz} \geq 4.$$

Folosind Lema pentru $(x, y, z) = \left(\sec \frac{A}{2}, \sec \frac{B}{2}, \sec \frac{C}{2} \right)$ obținem:

$$\frac{\sum \csc \frac{B}{2} \csc \frac{C}{2}}{\sum \csc^2 \frac{A}{2}} + \frac{\left(\sum \csc \frac{A}{2} \right)^3}{9 \prod \csc \frac{A}{2}} \geq 4.$$

Aplicația22.

If $x, y, z > 0, x + y + z = xyz$ then

$$\sum \frac{1}{1 + yz} \leq \frac{3}{4}.$$

Boris Colakovic, MathAtelier 5/2023

Remarca.

In ΔABC

$$\sum \frac{1}{1 + \cot \frac{B}{2} \cot \frac{C}{2}} \leq \frac{3}{4}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$, $x + y + z = xyz$ then

$$\sum \frac{1}{1+yz} \leq \frac{3}{4}.$$

Avem $x + y + z = xyz \Leftrightarrow \frac{1}{yz} + \frac{1}{zx} + \frac{1}{xy} = 1$.

Cu substituția $\left(\frac{1}{yz}, \frac{1}{zx}, \frac{1}{xy}\right) = (a, b, c)$ problema se reformulează.

If $a, b, c > 0$, $a + b + c = 1$ then

$$\sum \frac{a}{1+a} \leq \frac{3}{4}.$$

Demonstrație

$\sum \frac{a}{1+a} \leq \frac{3}{4} \Leftrightarrow \sum \frac{1}{1+a} \geq \frac{9}{4}$, care rezultă din :

$$\sum \frac{1}{1+a} \stackrel{CS}{\geq} \frac{9}{\sum(1+a)} = \frac{9}{3+\sum a} = \frac{9}{3+1} = \frac{9}{4}.$$

Se cunoaște identitatea în triunghi $\sum \cot \frac{A}{2} = \prod \cot \frac{A}{2} = \frac{p}{r}$.

Folosind **Lema** pentru $(x, y, z) = \left(\cot \frac{A}{2}, \cot \frac{B}{2}, \cot \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{1+\cot \frac{B}{2} \cot \frac{C}{2}} \leq \frac{3}{4}.$$

Aplicația23.

If $x, y, z > 0$, $x + y + z = 3$ then find max of

$$P = \sum \sqrt{x+yz}.$$

Anh Duc, Vietnam,THCS 5/2023

Remarca.

Let $\lambda \geq 0$ fixed. If $x, y, z > 0$, $x + y + z = 3$ then find max of

$$P = \sum \sqrt{x + \lambda yz}.$$

Marin Chirciu

Soluție.

$$\begin{aligned} P &= \frac{1}{\sqrt{\lambda+1}} \sum \sqrt{(\lambda+1)(x+\lambda yz)} \stackrel{AM-GM}{\leq} \frac{1}{\sqrt{\lambda+1}} \sum \frac{\lambda+1+(x+\lambda yz)}{2} = \frac{1}{2\sqrt{\lambda+1}} \sum (\lambda+1+x+\lambda yz) = \\ &= \frac{1}{2\sqrt{\lambda+1}} \left(3\lambda+3 + \sum x + \lambda \sum yz \right) \stackrel{SOS}{\leq} \frac{1}{2\sqrt{2}} \left(3\lambda+3 + \sum x + \frac{\lambda}{3} (\sum x)^2 \right) \stackrel{SOS}{\leq} \frac{1}{2\sqrt{\lambda+1}} \left(3\lambda+6 + \frac{\lambda}{3} 3^2 \right) = \\ &= \frac{1}{2\sqrt{\lambda+1}} \cdot 6(\lambda+1) = 3\sqrt{\lambda+1}. \end{aligned}$$

Egalitatea are loc dacă și numai dacă $x = y = z = 1$.

Deducem că $\max P = 3\sqrt{\lambda+1}$ pentru $x = y = z = 1$.

Remarca.

Problema se poate dezvolta.

În $\triangle ABC$

$$\sum \sqrt{\frac{1}{r_a} + \frac{3\lambda r}{r_b r_c}} \leq \sqrt{\frac{3(\lambda+1)}{r}}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $x + y + z = 3$ and $\lambda \geq 0$ then

$$\sum \sqrt{x + \lambda yz} \leq 3\sqrt{\lambda+1}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c} \right)$ obținem:

$$\sum \sqrt{\frac{3r}{r_a} + \lambda \frac{3r}{r_b} \frac{3r}{r_c}} \leq 3\sqrt{\lambda+1} \Leftrightarrow \sum \sqrt{\frac{1}{r_a} + \frac{3\lambda r}{r_b r_c}} \leq \sqrt{\frac{3(\lambda+1)}{r}} \Leftrightarrow$$

Remarca.

În $\triangle ABC$

$$\sum \sqrt{\frac{1}{h_a} + \frac{3\lambda r}{h_b h_c}} \leq \sqrt{\frac{3(\lambda+1)}{r}}.$$

Marin Chirciu

Aplicația24.

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{yz}{x^2 + xyz} \geq \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z}.$$

Quan Le, Vietnam, THCS 5/2023

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{r_b r_c}}{\frac{1}{r_a^2} + \frac{1}{p^2}} \geq \frac{R}{r} + \frac{1}{4}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0, x + y + z = 1$ then

$$\sum \frac{yz}{x^2 + xyz} \geq \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z}.$$

If $x, y, z > 0, x + y + z = 1$ then

$$\frac{yz}{x^2 + xyz} = \frac{1}{x} - \frac{1}{(x+y)(x+z)}.$$

Demonstratie.

$$\frac{yz}{x^2 + xyz} = \frac{1}{x} - \frac{1}{x+y+z} = \frac{1}{x} - \frac{1}{x(x+y+z) + yz} = \frac{1}{x} - \frac{1}{(x+y)(x+z)}.$$

$$LHS = \sum \frac{yz}{x^2 + xyz} = \sum \left(\frac{1}{x} - \frac{1}{(x+y)(x+z)} \right) = \sum \frac{1}{x} - \sum \frac{1}{(x+y)(x+z)} \stackrel{Lema8/9}{\geq} \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z} = RHS$$

$$\sum \frac{1}{x} - \sum \frac{1}{(x+y)(x+z)} \stackrel{Lema8/9}{\geq} \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z} \Leftrightarrow \frac{3}{4} \sum \frac{1}{x} \geq \sum \frac{1}{(x+y)(x+z)} \Leftrightarrow$$

$$\Leftrightarrow \frac{\sum(y+z)}{(x+y)(y+z)(z+x)} \leq \frac{3}{4} \sum \frac{1}{x} \Leftrightarrow \frac{2}{(x+y)(y+z)(z+x)} \leq \frac{3}{4} \sum \frac{1}{x} \Leftrightarrow$$

$$\Leftrightarrow (x+y)(y+z)(z+x) \geq \frac{8}{3} \cdot \sum \frac{1}{x}.$$

Lema8/9 .

If $x, y, z > 0$ then

$$(x+y)(y+z)(z+x) \geq \frac{8}{9}(x+y+z)(xy+yz+zx).$$

Lema8/9

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{r}{r_b} \frac{r}{r_c}}{\left(\frac{r}{r_a}\right)^2 + \frac{r}{r_a} \frac{r}{r_b} \frac{r}{r_c}} \geq \frac{1}{4} \frac{r}{r_a} + \frac{1}{4} \frac{r}{r_b} + \frac{1}{4} \frac{r}{r_c} \Leftrightarrow \sum \frac{\frac{r^2}{r_b r_c}}{\frac{r^2}{r_a^2} + \frac{r^3}{r_a r_b r_c}} \geq \frac{r_a + r_b + r_c}{4r} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{\frac{r^2}{r_b r_c}}{\frac{r^2}{r_a^2} + \frac{r^3}{rp^2}} \geq \frac{4R+r}{4r} \Leftrightarrow \sum \frac{\frac{1}{r_b r_c}}{\frac{1}{r_a^2} + \frac{1}{p^2}} \geq \frac{R}{r} + \frac{1}{4}.$$

Remarca.

În $\triangle ABC$

$$\sum \frac{\frac{1}{h_b h_c}}{\frac{1}{h_a^2} + \frac{R}{p^2 r}} \geq \frac{5}{2} - \frac{r}{2R}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0, x+y+z=1$ then

$$\sum \frac{yz}{x^2 + xyz} \geq \frac{1}{4x} + \frac{1}{4y} + \frac{1}{4z}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{h_a}, \frac{r}{h_b}, \frac{r}{h_c} \right)$ obținem:

$$\begin{aligned} \sum \frac{\frac{r}{h_b} \frac{r}{h_c}}{\left(\frac{r}{h_a}\right)^2 + \frac{r}{h_a} \frac{r}{h_b} \frac{r}{h_c}} &\geq \frac{1}{4} + \frac{1}{4} + \frac{1}{4} \Leftrightarrow \sum \frac{\frac{r^2}{h_b h_c}}{\frac{r^2}{h_a^2} + \frac{r^3}{h_a h_b h_c}} \geq \frac{h_a + h_b + h_c}{4r} \Leftrightarrow \\ \Leftrightarrow \sum \frac{\frac{r^2}{h_b h_c}}{\frac{r^2}{h_a^2} + \frac{r^3}{2p^2 r^2}} &\geq \frac{\frac{p^2 + r^2 + 4Rr}{2R}}{4r} \Leftrightarrow \sum \frac{\frac{1}{h_b h_c}}{\frac{1}{h_a^2} + \frac{R}{p^2 r}} \geq \frac{p^2 + r^2 + 4Rr}{8Rr}. \\ \sum \frac{\frac{1}{h_b h_c}}{\frac{1}{h_a^2} + \frac{R}{p^2 r}} &\geq \frac{p^2 + r^2 + 4Rr}{8Rr} \stackrel{\text{Gerretsen}}{\geq} \frac{16Rr - 5r^2 + r^2 + 4Rr}{8Rr} = \frac{20Rr - 4r^2}{8Rr} = \\ &= \frac{4r(5R - r)}{8Rr} = \frac{(5R - r)}{2R} = \frac{5}{2} - \frac{r}{2R} \end{aligned}$$

Aplicatia24.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\frac{1}{\sqrt{xy}} + \frac{1}{\sqrt{yz}} + \frac{1}{\sqrt{zx}} \geq \frac{8}{x^2 + 7} + \frac{8}{y^2 + 7} + \frac{8}{z^2 + 7}.$$

Nguyen Huy Dang, Vietnam, THCS 5/2023

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $n \in \mathbf{N}^*$ then

$$\frac{1}{\sqrt[n]{xy}} + \frac{1}{\sqrt[n]{yz}} + \frac{1}{\sqrt[n]{zx}} \geq \frac{4n}{x^2 + 4n - 1} + \frac{4n}{y^2 + 4n - 1} + \frac{4n}{z^2 + 4n - 1}.$$

Marin Chirciu

Soluție.

Lema.

If $x > 0$ and $n \in \mathbb{N}^*$ then

$$\frac{4n}{x^2 + 4n - 1} \leq \frac{1}{\sqrt[2n]{x}}.$$

Demonstratie.

$$x^2 + 4n - 1 \stackrel{AM-GM}{\geq} 4n \sqrt[4n]{x^2 \cdot \underbrace{1 \cdot 1 \cdots 1}_n} = 4n \sqrt[4n]{x^2} = 4n \sqrt[2n]{x}, \text{ cu egalitate pentru } x=1.$$

$$\text{Din } x^2 + 4n - 1 \geq 4n \sqrt[2n]{x} \Rightarrow \frac{4n}{x^2 + 4n - 1} \leq \frac{1}{\sqrt[2n]{x}}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\tan \frac{B}{2} \tan \frac{C}{2}} \geq \sum \frac{4}{\tan^2 \frac{A}{2} + 1}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx} \geq \frac{4}{x^2 + 3} + \frac{4}{y^2 + 3} + \frac{4}{z^2 + 3}.$$

Demonstratie.

If $x > 0$ then

$$\frac{4}{x^2 + 3} \leq \frac{1}{\sqrt{x}}.$$

$$x^2 + 3 \stackrel{AM-GM}{\geq} 4 \sqrt[4]{x^2 \cdot 1 \cdot 1 \cdot 1} = 4 \sqrt[4]{x^2} = 4 \sqrt{x}, \text{ cu egalitate pentru } x=1.$$

$$\text{Din } x^2 + 3 \geq 4 \sqrt{x} \Rightarrow \frac{4}{x^2 + 3} \leq \frac{1}{\sqrt{x}}.$$

Folosind $\sum a^2 \geq \sum bc$ pentru $(a, b, c) = \left(\frac{1}{\sqrt{yz}}, \frac{1}{\sqrt{zx}}, \frac{1}{\sqrt{xy}} \right)$ rezultă

$$\sum \frac{1}{yz} \geq \sum \frac{1}{\sqrt{zx}} \frac{1}{\sqrt{xy}} = \frac{1}{\sqrt{xyz}} \sum \frac{1}{\sqrt{x}} \stackrel{xyz \leq 1}{\geq} \sum \frac{1}{\sqrt{x}} \Rightarrow \sum \frac{1}{yz} \geq \sum \frac{1}{\sqrt{x}}, (1).$$

Am folosit mai sus $xyz \leq 1$, vezi $3 = xy + yz + zx \geq 3 \sqrt[3]{x^2 y^2 z^2} \Rightarrow xyz \leq 1$.

$$\text{Obținem } \frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx} \stackrel{(1)}{\geq} \sum \frac{1}{\sqrt{x}} \stackrel{\text{Lema}}{\geq} \frac{4}{x^2+3} + \frac{4}{y^2+3} + \frac{4}{z^2+3}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\begin{aligned} \sum \frac{1}{\sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2}} &\geq \sum \frac{4}{3 \tan^2 \frac{A}{2} + 3} \Leftrightarrow \sum \frac{1}{3 \tan \frac{B}{2} \tan \frac{C}{2}} \geq \sum \frac{4}{3 \tan^2 \frac{A}{2} + 3} \Leftrightarrow \\ &\Leftrightarrow \sum \frac{1}{\tan \frac{B}{2} \tan \frac{C}{2}} \geq \sum \frac{4}{\tan^2 \frac{A}{2} + 1}. \end{aligned}$$

Aplicația 25.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{y+z} + \frac{x^2 + y^2 + z^2}{2} \geq 3.$$

Trinh Ha, Vietnam, THCS 5/2023

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \geq 6.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{y+z} + \frac{x^2 + y^2 + z^2}{2} \geq 3.$$

Soluție.

$$LHS = \sum \frac{1}{y+z} + \frac{x^2+y^2+z^2}{2} \stackrel{CS}{\geq} \frac{9}{2 \sum x} + \frac{(\sum x)^2 - 2 \sum yz}{2} = \frac{9}{2p} + \frac{p^2 - 2 \cdot 3}{2} \stackrel{(1)}{\geq} 3 = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{9}{2p} + \frac{p^2 - 2 \cdot 3}{2} \geq 3 \Leftrightarrow p^3 - 12p + 9 \geq 0 \Leftrightarrow (p-3)(p^2+3p-3) \geq 0,$$

care rezultă din $p \geq 3$, vezi $p^2 = (x+y+z)^2 \geq 3(xy+yz+zx) = 3 \cdot 3 = 9$.

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\begin{aligned} \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \sum \tan^2 \frac{A}{2} \geq 3 &\Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2 - 2p^2}{p^2} \geq 3 \Leftrightarrow \\ \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} &\geq 6. \end{aligned}$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}.$$

Remarca.

În ΔABC

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} \geq \frac{3}{2} \left(3 - \frac{R}{r} \right).$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{y+z} + \frac{x^2+y^2+z^2}{2} \geq 3.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\begin{aligned} \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \sum \tan^2 \frac{A}{2} \geq 3 &\Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2 - 2p^2}{p^2} \geq 3 \Leftrightarrow \\ \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \geq 6 &\Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} \geq 6 - \frac{3}{2} \cdot \frac{(4R+r)^2}{p^2} \Leftrightarrow \\ \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} \geq 6 - \frac{3}{2} \cdot \frac{(4R+r)^2}{r(4R+r)^2} &\Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)} \geq \frac{3}{2} \left(3 - \frac{R}{r} \right). \end{aligned}$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}.$$

Remarca.

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq 0$ then

$$\sum \frac{1}{y + \lambda z} + \frac{x^2 + y^2 + z^2}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1}.$$

Marin Chirciu

Soluție.

$$\begin{aligned} LHS &= \sum \frac{1}{y + \lambda z} + \frac{x^2 + y^2 + z^2}{2} \stackrel{CS}{\geq} \frac{9}{(\lambda+1)\sum x} + \frac{(\sum x)^2 - 2\sum yz}{2} = \\ &= \frac{9}{(\lambda+1)p} + \frac{p^2 - 2 \cdot 3}{2} \stackrel{(1)}{\geq} \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} = RHS, \text{ unde (1)} \Leftrightarrow \\ &\Leftrightarrow \frac{9}{(\lambda+1)p} + \frac{p^2 - 2 \cdot 3}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} \Leftrightarrow (\lambda+1)p^3 - (9\lambda+15)p + 18 \geq 0 \Leftrightarrow \\ &(p-3)((\lambda+1)p^2 + 3(\lambda+1)p - 6) \geq 0, \text{ care rezultă din } \lambda \geq 0 \text{ și } p \geq 3, \text{ vezi} \\ &p^2 = (x+y+z)^2 \geq 3(xy + yz + zx) = 3 \cdot 3 = 9. \end{aligned}$$

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} \geq \frac{3}{2} \cdot \left(\frac{2\lambda+4}{\lambda+1} - \frac{R}{r} \right), \lambda \geq 0.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq 0$ then

$$\sum \frac{1}{y + \lambda z} + \frac{x^2 + y^2 + z^2}{2} \geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\begin{aligned} \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} + \frac{3}{2} \sum \tan^2 \frac{A}{2} &\geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} \Leftrightarrow \\ \Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} + \frac{3}{2} \cdot \frac{(4R+r)^2 - 2p^2}{p^2} &\geq \frac{3}{2} \cdot \frac{\lambda + 3}{\lambda + 1} \Leftrightarrow \\ \Leftrightarrow \sum \frac{1}{\sqrt{3} \left(\tan \frac{B}{2} + \lambda \tan \frac{C}{2} \right)} &\geq \frac{3}{2} \cdot \left(\frac{2\lambda+4}{\lambda+1} - \frac{R}{r} \right). \end{aligned}$$

Am folosit mai sus:

$$\sum \tan^2 \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}.$$

Aplicația26.

If $x, y, z > 0$ then

$$\sum \frac{x}{9yz+1} \geq \frac{x+y+z}{1+(x+y+z)^2}.$$

Amir Sofi, Kosovo, Mathematics(College and High Schoool)5/2023

Remarca.

If $x, y, z > 0$ and $\lambda \geq 0$ then

$$\sum \frac{x}{9yz + \lambda} \geq \frac{x+y+z}{\lambda + (x+y+z)^2}.$$

Marin Chirciu

Soluție.

$$LHS = \sum \frac{x}{9yz + \lambda} = \sum \frac{x^2}{9xyz + \lambda x} \stackrel{CS}{\geq} \frac{(\sum x)^2}{27xyz + \lambda \sum x} \stackrel{(1)}{\geq} \frac{\sum x}{\lambda + (\sum x)^2} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{(\sum x)^2}{27xyz + \lambda \sum x} \geq \frac{\sum x}{\lambda + (\sum x)^2} \Leftrightarrow (\sum x)^3 \geq 3xyz, \text{ vezi AM-GM.}$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{r}{r_a}}{\frac{9r^2}{r_b r_c} + \lambda} \geq \frac{1}{\lambda + 1}, \lambda \geq 0.$$

Soluție.

Lema

If $x, y, z > 0$ and $\lambda \geq 0$ then

$$\sum \frac{x}{9yz + \lambda} \geq \frac{x+y+z}{\lambda + (x+y+z)^2}.$$

Soluție.

$$LHS = \sum \frac{x}{9yz + \lambda} = \sum \frac{x^2}{9xyz + \lambda x} \stackrel{CS}{\geq} \frac{(\sum x)^2}{27xyz + \lambda \sum x} \stackrel{(1)}{\geq} \frac{\sum x}{\lambda + (\sum x)^2} = RHS,$$

$$\text{unde (1)} \Leftrightarrow \frac{(\sum x)^2}{27xyz + \lambda \sum x} \geq \frac{\sum x}{\lambda + (\sum x)^2} \Leftrightarrow (\sum x)^3 \geq 3xyz, \text{ vezi AM-GM.}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\sum \frac{\frac{r}{r_a}}{\frac{9r^2}{r_b r_c} + \lambda} \geq \frac{1}{\lambda+1} \Leftrightarrow \sum \frac{\frac{r}{r_a}}{\frac{9r^2}{r_b r_c} + \lambda} \geq \frac{1}{\lambda+1}.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{r}{h_a}}{\frac{9r^2}{h_b h_c} + \lambda} \geq \frac{1}{\lambda+1}, \lambda \geq 0.$$

Marin Chirciu

Aplicația27.

If $x, y, z > 0$, $x + y + z = \frac{3}{4}$ then find min of

$$P = \sum \sqrt{x^2 + \frac{1}{y^2}}.$$

THCS5/2023, Vietnam

Remarca.

Let $0 \leq \lambda \leq 256$ fixed. If $x, y, z > 0$, $x + y + z = \frac{3}{4}$ then find min of

$$P = \sum \sqrt{x^2 + \frac{\lambda}{y^2}}.$$

Marin Chirciu

Remarca.

Let $0 \leq \lambda \leq 81$ fixed. If $x, y, z > 0$, $x + y + z = 1$ then find min of

$$P = \sum \sqrt{x^2 + \frac{\lambda}{y^2}}.$$

Marin Chirciu

Remarca.

In ΔABC

$$\sum \sqrt{\frac{r^2}{r_a^2} + \frac{\lambda r_b^2}{r^2}} \geq \sqrt{81+\lambda}, 0 \leq \lambda \leq 81.$$

Marin Chirciu

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \sqrt{x^2 + \frac{\lambda}{y^2}} \geq \sqrt{81+\lambda}.$$

Soluție.

$$\begin{aligned} P &= \sum \sqrt{x^2 + \frac{\lambda}{y^2}} \stackrel{CBS}{\geq} \sqrt{\left(\sum x\right)^2 + \lambda \left(\sum \frac{1}{y}\right)^2} = \sqrt{\lambda \left[\left(\sum x\right)^2 + \frac{1}{81} \left(\sum \frac{1}{x}\right)^2\right] + \frac{81-\lambda}{81} \left(\sum \frac{1}{x}\right)^2} \stackrel{AM-GM}{\geq} \\ &\stackrel{AM-GM}{\geq} \sqrt{2\lambda \sqrt{\left(\sum x\right)^2 \cdot \frac{1}{81} \left(\sum \frac{1}{x}\right)^2} + \frac{81-\lambda}{81} \left(\sum \frac{1}{x}\right)^2} = \sqrt{2\lambda \cdot \frac{1}{9} \sum x \sum \frac{1}{x} + \frac{81-\lambda}{81} \left(\sum \frac{1}{x}\right)^2} \stackrel{CS}{\geq} \\ &\stackrel{CS}{\geq} \sqrt{2\lambda \cdot \frac{1}{9} \cdot 9 + \frac{81-\lambda}{81} \left(\sum \frac{1}{x}\right)^2} \stackrel{CS}{\geq} \sqrt{2\lambda + \frac{81-\lambda}{81} \left(\frac{9}{\sum x}\right)^2} = \sqrt{2\lambda + \frac{81-\lambda}{81} \left(\frac{9}{1}\right)^2} = \\ &= \sqrt{2\lambda + \frac{81-\lambda}{81} \cdot 9^2} = \sqrt{2\lambda + (81-\lambda)} = \sqrt{81+\lambda}. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum \sqrt{\left(\frac{r}{r_a}\right)^2 + \frac{\lambda}{\left(\frac{r}{r_b}\right)^2}} \geq \sqrt{81+\lambda} \Leftrightarrow \sum \sqrt{\frac{r^2}{r_a^2} + \frac{\lambda r_b^2}{r^2}} \geq \sqrt{81+\lambda}.$$

Remarca.

Problema se poate dezvolta.

În ΔABC

$$\sum \sqrt{\frac{r^2}{h_a^2} + \frac{\lambda h_b^2}{r^2}} \geq \sqrt{81+\lambda}, 0 \leq \lambda \leq 81.$$

Marin Chirciu

Lema.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \sqrt{x^2 + \frac{\lambda}{y^2}} \geq \sqrt{81 + \lambda}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{h_a}, \frac{r}{h_b}, \frac{r}{h_c} \right)$ obținem:

$$\sum \sqrt{\left(\frac{r}{h_a}\right)^2 + \frac{\lambda}{\left(\frac{r}{h_b}\right)^2}} \geq \sqrt{81 + \lambda} \Leftrightarrow \sum \sqrt{\frac{r^2}{h_a^2} + \frac{\lambda h_b^2}{r^2}} \geq \sqrt{81 + \lambda}.$$

Aplicatia28.

If $x, y, z > 0$, $\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} = 1$ then find min of

$$P = \sum \frac{y^2 z^2}{x(y^2 + z^2)}.$$

Le Tran, Vietnam, THCS 5/2023

Remarca.In ΔABC

$$\sum \frac{r_b r_c}{\sqrt{r_a} (r_b + r_c)} \geq \frac{3\sqrt{3r}}{2}.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} = 1$ then

$$\sum \frac{y^2 z^2}{x(y^2 + z^2)} \geq \frac{3\sqrt{3}}{2}.$$

Soluție.

Cu substituția $(a, b, c) = \left(\frac{1}{x}, \frac{1}{y}, \frac{1}{z} \right)$ problema se reformulează:

If $a, b, c > 0, a^2 + b^2 + c^2 = 1$ then

$$\sum \frac{a}{b^2 + c^2} \geq \frac{3\sqrt{3}}{2}.$$

Demonstratie.

Lema

$$\frac{a}{b^2 + c^2} \geq \frac{3\sqrt{3}}{2} a^2.$$

$\frac{a}{b^2 + c^2} = \frac{a}{1-a^2} = \frac{a^2}{a(1-a^2)} \geq \frac{3\sqrt{3}}{2} a^2$, care rezultă din:

$$a^2 (1-a^2)^2 = \frac{1}{2} \cdot 2a^2 (1-a^2)(1-a^2) \stackrel{AM-GM}{\leq} \frac{1}{2} \left[\frac{2a^2 + (1-a^2) + (1-a^2)}{3} \right]^3 = \frac{1}{2} \left(\frac{2}{3} \right)^3 = \frac{4}{27},$$

cu egalitate pentru $2a^2 = (1-a^2) \Leftrightarrow a = \frac{1}{\sqrt{3}}$.

$$a^2 (1-a^2)^2 \leq \frac{4}{27} \Rightarrow a(1-a^2) \leq \frac{2}{3\sqrt{3}} \Rightarrow \frac{1}{a(1-a^2)} \geq \frac{3\sqrt{3}}{2} \Rightarrow \frac{a^2}{a(1-a^2)} \geq \frac{3\sqrt{3}}{2} a^2.$$

Obținem: $\sum \frac{a}{b^2 + c^2} \geq \sum \frac{3\sqrt{3}}{2} a^2 = \frac{3\sqrt{3}}{2} \sum a^2 = \frac{3\sqrt{3}}{2}$.

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{\frac{r_a}{r}}, \sqrt{\frac{r_b}{r}}, \sqrt{\frac{r_c}{r}} \right)$ obținem:

$$\sum \frac{\left(\frac{r_b}{r} \right) \left(\frac{r_c}{r} \right)}{\sqrt{\frac{r_a}{r}} \left(\left(\frac{r_b}{r} \right) + \left(\frac{r_c}{r} \right) \right)} \geq \frac{3\sqrt{3}}{2} \Leftrightarrow \sum \frac{r_b r_c}{\sqrt{r_a} (r_b + r_c)} \geq \frac{3\sqrt{3}r}{2}.$$

Remarca.

In ΔABC

$$\sum \frac{h_b h_c}{\sqrt{h_a} (h_b + h_c)} \geq \frac{3\sqrt{3}r}{2}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$, $\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} = 1$ then

$$\sum \frac{y^2 z^2}{x(y^2 + z^2)} \geq \frac{3\sqrt{3}}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{\frac{h_a}{r}}, \sqrt{\frac{h_b}{r}}, \sqrt{\frac{h_c}{r}} \right)$ obținem:

$$\sum \frac{\left(\frac{h_b}{r}\right)\left(\frac{h_c}{r}\right)}{\sqrt{\frac{h_a}{r}}\left(\left(\frac{h_b}{r}\right) + \left(\frac{h_c}{r}\right)\right)} \geq \frac{3\sqrt{3}}{2} \Leftrightarrow \sum \frac{h_b h_c}{\sqrt{h_a}(h_b + h_c)} \geq \frac{3\sqrt{3r}}{2}.$$

Aplicația29.

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{2x+y+z} \leq \frac{x^2 + y^2 + z^2 + 9}{16}.$$

Ng Bao Ngoc, Vietnam, THCS5/2023

Remarca.

In ΔABC

$$\sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3\sqrt{3}}{16} \left(2 + \frac{R}{r} \right).$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\sum \frac{1}{2x+y+z} \leq \frac{x^2 + y^2 + z^2 + 9}{16}.$$

Soluție.

$$\begin{aligned} LHS &= \sum \frac{1}{2x+y+z} \leq \frac{1}{4} \sum \left(\frac{1}{x+y} + \frac{1}{x+z} \right) = \frac{1}{2} \sum \frac{1}{y+z} = \frac{1}{2} \frac{\sum (x+y)(x+z)}{\prod (y+z)} = \\ &= \frac{1}{2} \frac{\sum (x^2 + xy + yz + zx)}{\prod (y+z)} = \frac{1}{2} \frac{\sum (x^2 + 3)}{\prod (y+z)} = \frac{1}{2} \frac{\sum x^2 + 9}{\prod (y+z)} \stackrel{(1)}{\leq} \frac{\sum x^2 + 9}{16} = RHS, \end{aligned}$$

unde (1) $\Leftrightarrow \prod (y+z) \geq 8$, vezi **Lema8/9**.

Lema 8/9.

If $x, y, z > 0$ then

$$(x+y)(y+z)(z+x) \geq \frac{8}{9}(x+y+z)(xy+yz+zx).$$

Lema8/9

Demonstratie.

Avem:

$$\begin{aligned} (x+y)(y+z)(z+x) &\geq \frac{8}{9}(x+y+z)(xy+yz+zx) \Leftrightarrow \\ &\Leftrightarrow 9(\sum yz(y+z) + 2xyz) \geq (\sum yz(y+z) + 3xyz) \Leftrightarrow \sum yz(y+z) \geq 6xyz \Leftrightarrow \\ &\Leftrightarrow \sum x(y-z)^2 \geq 0, \text{ evident cu egalitate pentru } x=y=z. \end{aligned}$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\begin{aligned} \sum \frac{1}{2\sqrt{3} \tan \frac{A}{2} + \sqrt{3} \tan \frac{B}{2} + \sqrt{3} \tan \frac{C}{2}} &\leq \frac{3 \tan^2 \frac{A}{2} + 3 \tan^2 \frac{B}{2} + 3 \tan^2 \frac{C}{2} + 9}{16} \Leftrightarrow \\ \Leftrightarrow \sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} &\leq \frac{3\sqrt{3} \left(\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2} + \tan^2 \frac{C}{2} + 3 \right)}{16} \Leftrightarrow \\ \Leftrightarrow \sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} &\leq \frac{3\sqrt{3} \left(\frac{(4R+r)^2 - 2p^2}{p^2} + 3 \right)}{16} \Leftrightarrow \end{aligned}$$

$$\Leftrightarrow \sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3\sqrt{3}}{16} \left(1 + \frac{(4R+r)^2}{p^2} \right), \quad (1).$$

Folosind inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}$ rezultă

$$\frac{(4R+r)^2}{p^2} \leq \frac{(4R+r)^2}{r(4R+r)^2} = \frac{R+r}{r} = 1 + \frac{R}{r}, \quad (2).$$

Din (1) și (2) rezultă:

$$\sum \frac{1}{2 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{3\sqrt{3}}{16} \left(2 + \frac{R}{r} \right).$$

Am folosit mai sus $\sum \tan \frac{A}{2} = \frac{(4R+r)^2 - 2p^2}{p^2}$.

Aplicatia30.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \sqrt{2x(y^2 + z^2)} + xy + yz + zx \leq 9.$$

Nhat Viet, Vietnam, THCS 5/2023

Remarca.

In ΔABC

$$\sum \sqrt{\frac{6r}{r_a} \left(\frac{1}{r_b^2} + \frac{1}{r_c^2} \right)} + \frac{3(4R+r)}{p^2} \leq 9.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \sqrt{2x(y^2 + z^2)} + xy + yz + zx \leq 9.$$

If $x, y, z > 0, x + y + z = 3$ then

$$1). \sqrt{2x(y^2 + z^2)} \leq \frac{x^2 + y^2 + z^2 + 1}{2};$$

$$2) \cdot \sqrt{2y(x^2 + z^2)} + \sqrt{2z(x^2 + y^2)} \leq 4.$$

Demonstratie.

1).

$\sqrt{2x(y^2 + z^2)} \stackrel{\text{sos}}{\leq} \sqrt{(x^2 + 1)(y^2 + z^2)} \stackrel{\text{AM-GM}}{\leq} \frac{(x^2 + 1) + (y^2 + z^2)}{2} = \frac{x^2 + y^2 + z^2 + 1}{2}$, cu egalitate pentru $x = 1$ și $y^2 + z^2 = x^2 + 1$.

2).

Principiul lui Dirichlet:

Din trei numere pozitive a, b, c există cel puțin două numere care sunt situate de aceeași parte a lui 1.

Fie b, c numerele, deci $(1-b)(1-c) \leq 0$.

Folosind principiul lui Dirichlet pentru $(b, c) = \left(\frac{y}{x}, \frac{z}{x}\right)$ obținem $\left(1 - \frac{y}{x}\right)\left(1 - \frac{z}{x}\right) \leq 0 \Leftrightarrow (x-y)(x-z) \leq 0 \Leftrightarrow x^2 + yz \leq x(y+z)$, (1).

Obținem:

$\sqrt{2y(x^2 + z^2)} + \sqrt{2z(x^2 + y^2)} \stackrel{\text{CBS}}{\leq} \sqrt{2} \sqrt{2y(x^2 + z^2) + 2z(x^2 + y^2)} = 2\sqrt{y(x^2 + z^2) + z(x^2 + y^2)} = 2\sqrt{(y+z)(x^2 + yz)} \stackrel{(1)}{\leq} 2\sqrt{x(y+z)^2} \stackrel{(2)}{\leq} 2 \cdot \sqrt{4} = 4$, unde (2) rezultă din:

$$x(y+z)^2 = 4x \cdot \frac{y+z}{2} \cdot \frac{y+z}{2} \stackrel{\text{AM-GM}}{\leq} 4 \left(\frac{x + \frac{y+z}{2} + \frac{y+z}{2}}{3} \right)^3 = 4 \left(\frac{x+y+z}{3} \right)^3 = 4 \left(\frac{3}{3} \right)^3 = 4.$$

$$\begin{aligned} LHS &= \sum \sqrt{2x(y^2 + z^2)} + (xy + yz + zx) \leq \frac{x^2 + y^2 + z^2 + 1}{2} + 4 + (xy + yz + zx) = \\ &= \frac{x^2 + y^2 + z^2 + 2(xy + yz + zx) + 9}{2} = \frac{(x+y+z)^2 + 9}{2} = \frac{3^2 + 9}{2} = 9. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \sqrt{2 \frac{3r}{r_a} \left(\left(\frac{3r}{r_b} \right)^2 + \left(\frac{3r}{r_c} \right)^2 \right)} + \frac{3r}{r_a} \frac{3r}{r_b} + \frac{3r}{r_b} \frac{3r}{r_c} + \frac{3r}{r_c} \frac{3r}{r_a} \leq 9 \Leftrightarrow$$

$$\Leftrightarrow 3r \sum \sqrt{2 \frac{3r}{r_a} \left(\left(\frac{1}{r_b} \right)^2 + \left(\frac{1}{r_c} \right)^2 \right)} + 9r^2 \frac{4R+r}{rp^2} \leq 9 \Leftrightarrow \sum \sqrt{\frac{6r}{r_a} \left(\frac{1}{r_b^2} + \frac{1}{r_c^2} \right)} + \frac{3(4R+r)}{p^2} \leq 9$$

Aplicația31.

If $x, y, z > 0$, $x + y + z = 3$ then find max of

$$P = \sum \frac{yz}{3+x^2}.$$

Duc Tran Truong, Vietnam, THCS 5/2023

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{r_b r_c}}{1 + \frac{3r^2}{r_a^2}} \leq \frac{1}{4r^2}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 3$ then

$$\sum \frac{yz}{3+x^2} \leq \frac{3}{4}.$$

Demonstratie.

$$x + y + z = 3 \Rightarrow x^2 + y^2 + z^2 \geq 3.$$

$$\begin{aligned} P &= \sum \frac{yz}{3+x^2} \leq \frac{1}{4} \sum \frac{(y+z)^2}{(x^2+y^2+z^2)+x^2} = \frac{1}{4} \sum \frac{(y+z)^2}{(x^2+y^2)+(x^2+z^2)} \stackrel{cs}{\leq} \\ &\stackrel{cs}{\leq} \frac{1}{4} \sum \left(\frac{y^2}{x^2+y^2} + \frac{z^2}{x^2+z^2} \right) = \frac{1}{4} \cdot 3 = \frac{3}{4}. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c} \right)$ obținem:

$$\sum \frac{\frac{3r}{r_b} \cdot \frac{3r}{r_c}}{3 + \left(\frac{3r}{r_a}\right)^2} \leq \frac{3}{4} \Leftrightarrow \sum \frac{\frac{1}{r_b r_c}}{1 + \frac{3r^2}{r_a^2}} \leq \frac{1}{4r^2}.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{h_b h_c}}{1 + \frac{3r^2}{h_a^2}} \leq \frac{1}{4r^2}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{yz}{3+x^2} \leq \frac{3}{4}.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1 \Leftrightarrow \frac{3r}{h_a} + \frac{3r}{h_b} + \frac{3r}{h_c} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{h_a}, \frac{3r}{h_b}, \frac{3r}{h_c}\right)$ obținem:

$$\sum \frac{\frac{3r}{h_b} \cdot \frac{3r}{h_c}}{3 + \left(\frac{3r}{h_a}\right)^2} \leq \frac{3}{4} \Leftrightarrow \sum \frac{\frac{1}{h_b h_c}}{1 + \frac{3r^2}{h_a^2}} \leq \frac{1}{4r^2}.$$

Aplicatia32.

If $x, y, z > 0, \frac{1}{x} + \frac{1}{y} + \frac{1}{z} = 1$ then

$$\sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq 1.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$ then

$$\sqrt{\frac{3}{x^2 + xy + y^2}} \leq \frac{2}{x+y}.$$

Demonstrație.

$$\sqrt{\frac{3}{x^2 + xy + y^2}} \leq \frac{2}{x+y} \Leftrightarrow (x-y)^2 \geq 0, \text{ cu egalitate pentru } x = y.$$

$$LHS = \sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq \sum \frac{2}{x+y} \leq 2 \cdot \frac{1}{4} \sum \left(\frac{1}{x} + \frac{1}{y} \right) = \sum \frac{1}{x} = 1 = RHS.$$

Remarca.

In ΔABC

$$\sum \sqrt{\frac{3}{r_a^2 + r_a r_b + r_b^2}} \leq \frac{1}{r}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0, \frac{1}{x} + \frac{1}{y} + \frac{1}{z} = 1$ then

$$\sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r_a}{r}, \frac{r_b}{r}, \frac{r_c}{r} \right)$ obținem:

$$\sum \sqrt{\frac{3}{\left(\frac{r_a}{r}\right)^2 + \frac{r_a}{r} \frac{r_b}{r} + \left(\frac{r_b}{r}\right)^2}} \leq 1 \Leftrightarrow \sum \sqrt{\frac{3}{r_a^2 + r_a r_b + r_b^2}} \leq \frac{1}{r}.$$

Remarca.

In ΔABC

$$\sum \sqrt{\frac{3}{h_a^2 + h_a h_b + h_b^2}} \leq \frac{1}{r}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $\frac{1}{x} + \frac{1}{y} + \frac{1}{z} = 1$ then

$$\sum \sqrt{\frac{3}{x^2 + xy + y^2}} \leq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{h_a}{r}, \frac{h_b}{r}, \frac{h_c}{r}\right)$ obținem:

$$\sum \sqrt{\frac{3}{\left(\frac{h_a}{r}\right)^2 + \frac{h_a}{r} \frac{h_b}{r} + \left(\frac{h_b}{r}\right)^2}} \leq 1 \Leftrightarrow \sum \sqrt{\frac{3}{h_a^2 + h_a h_b + h_b^2}} \leq \frac{1}{r}.$$

Aplicația33.

If $x, y, z > 0$, $x + y + z = 3$ then

$$\sum \sqrt{3(x^2 + 2)} \geq 9.$$

Marin Chirciu

Soluție.**Lema.**

If $x > 0$ then

$$\sqrt{3(x^2 + 2)} \geq 2 + x.$$

Demonstratie.

$$\sqrt{3(x^2 + 2)} \geq 2 + x \Leftrightarrow (x - 1)^2 \geq 0, \text{ cu egalitate pentru } x = 1.$$

$$\sum \sqrt{3(x^2 + 2)} \geq \sum (2 + x) = 6 + \sum x = 6 + 3 = 9.$$

Remarca.

In $\triangle ABC$

$$\sum \sqrt{2 + \left(\frac{3r}{r_a}\right)^2} \geq 3\sqrt{3}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 3$ then

$$\sum \sqrt{3(x^2 + 2)} \geq 9.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \sqrt{3\left(\left(\frac{3r}{r_a}\right)^2 + 2\right)} \geq 9 \Leftrightarrow \sum \sqrt{2 + \left(\frac{3r}{r_a}\right)^2} \geq 3\sqrt{3}.$$

Remarca.

In ΔABC

$$\sum \sqrt{2 + \left(\frac{3r}{h_a}\right)^2} \geq 3\sqrt{3}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 3$ then

$$\sum \sqrt{3(x^2 + 2)} \geq 9.$$

$$\sum \sqrt{3(x^2 + 2)} \geq \sum(2 + x) = 6 + \sum x = 6 + 3 = 9.$$

Se cunoaște identitatea în triunghi $\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r} \Leftrightarrow \frac{r}{h_a} + \frac{r}{h_b} + \frac{r}{h_c} = 1 \Leftrightarrow \frac{3r}{h_a} + \frac{3r}{h_b} + \frac{3r}{h_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{h_a}, \frac{3r}{h_b}, \frac{3r}{h_c}\right)$ obținem:

$$\sum \sqrt{3\left(\left(\frac{3r}{h_a}\right)^2 + 2\right)} \geq 9 \Leftrightarrow \sum \sqrt{2 + \left(\frac{3r}{h_a}\right)^2} \geq 3\sqrt{3}.$$

Aplicatia34.

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{x^2 + 3y^2}{x+3y} \geq 1.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y > 0$ then

$$\frac{x^2 + 3y^2}{x+3y} \geq \frac{x+3y}{4}.$$

Demonstratie.

$$\frac{x^2 + 3y^2}{x+3y} \geq \frac{x+3y}{4} \Leftrightarrow 3(x-y)^2 \geq 0, \text{ cu egalitate pentru } x=y.$$

$$LHS = \sum \frac{x^2 + 3y^2}{x+3y} \stackrel{\text{Lema}}{\geq} \sum \frac{x+3y}{4} = \frac{4 \sum x}{4} = \sum x = 1 = RHS.$$

Remarca.

In $\triangle ABC$

$$\sum \frac{\frac{1}{r_a^2} + \frac{3}{r_b^2}}{\frac{1}{r_a} + \frac{3}{r_b}} \geq \frac{1}{r}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 1$ then

$$\sum \frac{x^2 + 3y^2}{x+3y} \geq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\sum \frac{\left(\frac{r}{r_a} \right)^2 + 3\left(\frac{r}{r_b} \right)^2}{\frac{r}{r_a} + 3\frac{r}{r_b}} \geq 1 \Leftrightarrow \sum \frac{\frac{1}{r_a^2} + \frac{3}{r_b^2}}{\frac{1}{r_a} + \frac{3}{r_b}} \geq \frac{1}{r}.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{h_a^2} + \frac{3}{h_b^2}}{\frac{1}{h_a} + \frac{3}{h_b}} \geq \frac{1}{r}.$$

Marin Chirciu

Remarca.

If $x, y, z > 0$, $x + y + z = 1$ and $\lambda \geq 0$ then

$$\sum \frac{x^2 + \lambda y^2}{x + \lambda y} \geq 1.$$

Marin Chirciu

Soluție.

Lema.

If $x, y > 0$ and $\lambda \geq 0$ then

$$\frac{x^2 + \lambda y^2}{x + \lambda y} \geq \frac{x + \lambda y}{\lambda + 1}.$$

Demonstratie.

$$\frac{x^2 + \lambda y^2}{x + \lambda y} \geq \frac{x + \lambda y}{\lambda + 1} \Leftrightarrow \lambda(x - y)^2 \geq 0, \text{ cu egalitate pentru } x = y.$$

$$LHS = \sum \frac{x^2 + \lambda y^2}{x + \lambda y} \stackrel{\text{Lema}}{\geq} \sum \frac{x + \lambda y}{\lambda + 1} = \frac{(\lambda + 1) \sum x}{\lambda + 1} = \sum x = 1 = RHS.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{r_a^2} + \frac{\lambda}{r_b^2}}{\frac{1}{r_a} + \frac{\lambda}{r_b}} \geq \frac{1}{r}, \lambda \geq 0.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 1$ and $\lambda \geq 0$ then

$$\sum \frac{x^2 + \lambda y^2}{x + \lambda y} \geq 1.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$

Să trecem la rezolvarea problemei din enunț.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\sum \frac{\left(\frac{r}{r_a}\right)^2 + \lambda \left(\frac{r}{r_b}\right)^2}{\frac{r}{r_a} + \lambda \frac{r}{r_b}} \geq 1 \Leftrightarrow \sum \frac{\frac{1}{r_a^2} + \frac{\lambda}{r_b^2}}{\frac{1}{r_a} + \frac{\lambda}{r_b}} \geq \frac{1}{r}.$$

Remarca.

In ΔABC

$$\sum \frac{\frac{1}{h_a^2} + \frac{\lambda}{h_b^2}}{\frac{1}{h_a} + \frac{\lambda}{h_b}} \geq \frac{1}{r}, \lambda \geq 0.$$

Marin Chirciu

Aplicația35.

If $x, y, z > 0$, $x + y + z = 3$ then

$$\sum \frac{x}{1+y^2} \geq \frac{3}{2}.$$

Le Hai Trung, Vietnam, THCS 5/2023

Soluție.**Lema**

$x, y > 0$

$$\frac{x}{1+y^2} \geq x - \frac{xy}{2}.$$

Demonstratie.

$$\frac{x}{1+y^2} = x \left(1 - \frac{y^2}{1+y^2}\right) \stackrel{AM-GM}{\geq} x \left(1 - \frac{y^2}{2y}\right) = x - \frac{xy}{2}, \text{ cu egalitate pentru } y=1.$$

$$\begin{aligned} LHS &= \sum \frac{x}{1+y^2} \stackrel{\text{Lema}}{\geq} \sum \left(x - \frac{xy}{2}\right) = \sum x - \frac{1}{2} \sum xy \stackrel{(1)}{\geq} 3 - \frac{1}{2} \cdot 3 = \frac{3}{2} = RHS, \text{ unde (1)} \Leftrightarrow \\ &\Leftrightarrow \sum xy \leq 3, \text{ vezi } \sum xy \leq \frac{1}{3} \left(\sum x\right)^2 = \frac{1}{3} \cdot 3^2 = 3. \end{aligned}$$

Remarca.

În $\triangle ABC$

$$\sum \frac{1}{r_a \left(1 + \frac{9r^2}{r_b^2}\right)} \geq \frac{1}{2r}.$$

Marin Chirciu

Soluție.**Lema**

If $x, y, z > 0, x + y + z = 3$ then

$$\sum \frac{x}{1+y^2} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{3r}{r_a}}{1 + \left(\frac{3r}{r_b}\right)^2} \geq \frac{3}{2} \Leftrightarrow \sum \frac{1}{r_a \left(1 + \frac{9r^2}{r_b^2}\right)} \geq \frac{1}{2r}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{h_a \left(1 + \frac{9r^2}{h_b^2} \right)} \geq \frac{1}{2r}.$$

Marin Chirciu

Aplicația36.

If $a, b, c \geq 0$, $a+b+c=2$ then

$$\frac{1}{1+a^2} + \frac{1}{1+b^2} + \frac{1}{1+c^2} \geq 2.$$

Mehmet Şahin, Turkey, Matematik Olympiyat Okulu 4/2023

Remarca.

If $a, b, c > 0$, $a+b+c=3$ then

$$\frac{1}{1+a^2} + \frac{1}{1+b^2} + \frac{1}{1+c^2} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $a > 0$ then

$$\frac{1}{1+a^2} \geq \frac{2-a}{2}.$$

Demonstratie.

Avem $\frac{1}{1+a^2} \geq \frac{2-a}{2} \Leftrightarrow a(a-1)^2 \geq 0$, cu egalitate pentru $a=1$.

$$LHS = \sum \frac{1}{1+a^2} \stackrel{\text{Lema}}{\geq} \sum \frac{2-a}{2} = \frac{6-\sum a}{2} = \frac{6-3}{2} = \frac{3}{2} = RHS.$$

Remarca.

If $a, b, c > 0$, $a+b+c=3$ and $0 \leq \lambda \leq 1$ then

$$\frac{1}{\lambda+a^2} + \frac{1}{\lambda+b^2} + \frac{1}{\lambda+c^2} \geq \frac{3}{\lambda+1}.$$

Marin Chirciu

Soluție.

Lema.

If $a > 0$ and $\lambda \geq 0$ then

$$\frac{1}{\lambda + a^2} \geq \frac{\lambda + 3 - 2a}{(\lambda + 1)^2}.$$

Demonstrație.

Aveam $\frac{1}{\lambda + a^2} \geq \frac{\lambda + 3 - 2a}{(\lambda + 1)^2} \Leftrightarrow 2a^3 - (\lambda + 3)a^2 + 2a\lambda + 1 - \lambda \geq 0 \Leftrightarrow (a-1)^2(2a+1-\lambda) \geq 0$, care rezultă din $0 \leq \lambda \leq 1$, care asigură $(2a+1-\lambda) > 0$ și $(a-1)^2 \geq 0$, cu egalitate pentru $a=1$.

$$\begin{aligned} LHS &= \sum \frac{1}{\lambda + a^2} \stackrel{\text{Lema}}{\geq} \sum \frac{\lambda + 3 - 2a}{(\lambda + 1)^2} = \frac{3(\lambda + 3) - 2 \sum a}{(\lambda + 1)^2} = \frac{3\lambda + 9 - 2 \cdot 3}{(\lambda + 1)^2} = \frac{3(\lambda + 1)}{(\lambda + 1)^2} = \\ &= \frac{3}{\lambda + 1} = RHS \end{aligned}$$

Remarca.

Problema se poate dezvolta.

În $\triangle ABC$

$$\sum \frac{1}{\lambda + \left(\frac{3r}{r_a}\right)^2} \geq \frac{3}{\lambda + 1}, \quad 0 \leq \lambda \leq 1.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = 3$ and $0 \leq \lambda \leq 1$ then

$$\frac{1}{\lambda + x^2} + \frac{1}{\lambda + y^2} + \frac{1}{\lambda + z^2} \geq \frac{3}{\lambda + 1}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{1}{\lambda + \left(\frac{3r}{r_a}\right)^2} \geq \frac{3}{\lambda + 1}.$$

Remarca.

Problema se poate dezvolta.

In ΔABC

$$\sum \frac{1}{\lambda + \left(\frac{3r}{h_a}\right)^2} \geq \frac{3}{\lambda + 1}, \quad 0 \leq \lambda \leq 1.$$

Marin Chirciu

Aplicația37.

If $a, b, c > 0, a+b+c=1$ then

$$\sum \frac{a}{a+b^2} \leq \frac{1}{4} \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right).$$

Nguyen Huy Gia Bao, Vietnam, THCS 4/2023

Remarca.

In ΔABC

$$\sum \frac{r_b^2}{rr_a + r_b^2} \leq \frac{4R+r}{4r}.$$

Marin Chirciu

Soluție.

Lema

If $x, y, z > 0, x+y+z=1$ then

$$\sum \frac{x}{x+y^2} \leq \frac{1}{4} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right).$$

If $x, y, z > 0, x+y+z=1$ then

$$\frac{x}{x+y^2} \leq \frac{1}{4} \left[\frac{1}{x+z} + \frac{x}{y(x+y)} \right].$$

Demonstratie

$$\frac{x}{x+y^2} = \frac{x}{x(x+y+z)+y^2} = \frac{x}{x^2+y^2+x(y+z)} = \frac{x}{x(x+z)+y(x+y)} \leq$$

$$\leq \frac{x}{4} \left[\frac{1}{x(z+x)} + \frac{1}{y(z+y)} \right] = \frac{1}{4} \left[\frac{1}{x+z} + \frac{x}{y(z+y)} \right].$$

Obținem:

$$LHS = \sum \frac{x}{x+y^2} \stackrel{\text{Lema}}{\leq} \sum \frac{1}{4} \left[\frac{1}{x+z} + \frac{x}{y(x+y)} \right] = \frac{1}{4} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) = RHS$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$

Folosind Lema pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\sum \frac{\frac{r}{r_a}}{\frac{r}{r_a} + \left(\frac{r}{r_a} \right)^2} \leq \frac{1}{4} \left(\frac{r_a}{r} + \frac{r_b}{r} + \frac{r_c}{r} \right) \Leftrightarrow \sum \frac{\frac{r}{r_a}}{\frac{1}{r_a} + \frac{r}{r_b^2}} \leq \frac{1}{4} \cdot \frac{4R+r}{r} \Leftrightarrow \sum \frac{r_b^2}{rr_a + r_b^2} \leq \frac{4R+r}{4r}.$$

Remarca.

În ΔABC

$$\sum \frac{h_b^2}{rh_a + h_b^2} \leq \frac{(R+r)^2}{2Rr}.$$

Marin Chirciu

Aplicația38.

Îf $a, b, c > 0$

$$\sum \frac{1}{4a+b+c} \leq \frac{a+b+c}{2(ab+bc+ca)}.$$

Remarca.

Îf $a, b, c > 0, ab+bc+ca=1$

$$\sum \frac{1}{4a+b+c} \leq \frac{a+b+c}{2}.$$

Marin Chirciu

Soluție.

Lema

Îf $a, b, c > 0$, then

$$\frac{1}{4a+b+c} \leq \frac{b+c}{4(ab+bc+ca)}.$$

Demonstrație.

$$\frac{1}{4a+b+c} \leq \frac{b+c}{4(ab+bc+ca)} \Leftrightarrow 4(ab+bc+ca) \leq (4a+b+c)(b+c) \Leftrightarrow (b-c)^2 \geq 0.$$

Folosind **Lema** obținem:

$$LHS = \sum \frac{1}{4a+b+c} \stackrel{\text{Lema}}{\leq} \sum \frac{b+c}{4(ab+bc+ca)} = \sum \frac{(b+c)}{4} = \frac{2\sum a}{4} = \frac{\sum a}{2} = RHS.$$

Remarca.

În ΔABC

$$\sum \frac{1}{4 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{4R+r}{2p}.$$

Marin Chirciu

Soluție.**Lema**

Îf $x, y, z > 0$, $xy + yz + zx = 1$

$$\sum \frac{1}{4x+y+z} \leq \frac{x+y+z}{2}.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{4 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}}{2}.$$

Folosind $\sum \tan \frac{A}{2} = \frac{4R+r}{p}$ rezultă $\sum \frac{1}{4 \tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}} \leq \frac{\frac{4R+r}{p}}{2} = \frac{4R+r}{2p}$.

Aplicația39.

Îf $x, y, z > 0$, $x + y + z = xyz$ then

$$xy + yz + zx \geq 3 + \sqrt{x^2 + 1} + \sqrt{y^2 + 1} + \sqrt{z^2 + 1}.$$

Florina și Marian Tetiva, Pure Inequalities 4/2017

Remarca.

În acute ΔABC

$$\sum \tan A \tan B \geq 3 + \sum \sqrt{1 + \tan^2 A}.$$

Marin Chirciu

Soluție.

Lema.

If $x, y, z > 0$, $x + y + z = xyz$ then

$$xy + yz + zx \geq 3 + \sqrt{x^2 + 1} + \sqrt{y^2 + 1} + \sqrt{z^2 + 1}.$$

Demonstrație.

$$\sum(xy)^2 \geq xyz(x+y+z) = (x+y+z)^2, (1).$$

$$(\sum xy)^2 = \sum(xy)^2 + 2xyz(x+y+z) \stackrel{(1)}{\geq} (x+y+z)^2 + 2(x+y+z)^2 = 3(x+y+z)^2, (2).$$

$$\begin{aligned} (\sum xy - 3)^2 &= (\sum xy)^2 - 6\sum xy + 9 \stackrel{(2)}{\geq} 3(x+y+z)^2 - 6\sum xy + 9 = 3\sum x^2 + 9 = 3(\sum x^2 + 1) \stackrel{CBS}{\geq} \\ &\geq \left(\sum \sqrt{x^2 + 1}\right)^2. \end{aligned}$$

$$\text{Din } (\sum xy - 3)^2 \geq \left(\sum \sqrt{x^2 + 1}\right)^2 \Leftrightarrow \sum xy - 3 \geq \sum \sqrt{x^2 + 1} \Leftrightarrow \sum xy \geq 3 + \sum \sqrt{x^2 + 1}.$$

Se cunoaște identitatea în triunghi: $\tan A + \tan B + \tan C = \tan A \tan B \tan C = \frac{2pr}{p^2 - (2R+r)^2}$.

Folosind **Lema** pentru $(x, y, z) = (\tan A, \tan B, \tan C)$ obținem:

$$\sum \tan A \tan B \geq 3 + \sum \sqrt{1 + \tan^2 A}.$$

Aplicația40.

If $a, b, c > 0$, $a+b+c=3$ then

$$\sum \frac{1}{\sqrt{a+3}} \geq \frac{3}{2}.$$

Marin Chirciu

Soluție.

Lema.

If $0 < a < 3$, then

$$\frac{1}{\sqrt{a+3}} \geq \frac{9-a}{16}.$$

Folosim Tangent Line Method pentru funcția $f : (0,3) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{\sqrt{x+3}}$ în $x_0 = 1$.

Avem $f(1) = \frac{1}{2}$.

Ecuația tangentei în punctul $x_0 = 1$ este $y - f(x_0) = f'(x_0)(x - x_0)$.

Avem $f'(x) = \frac{-1}{2(x+3)\sqrt{x+3}}$, $f'(1) = \frac{-1}{16}$.

Ecuația tangentei în punctul $x_0 = 1$ este $y - \frac{1}{2} = \frac{-1}{16}(x-1) \Leftrightarrow y = \frac{9-x}{16}$.

Arătăm că: $f(x) = \frac{1}{\sqrt{x+3}} \geq \frac{9-x}{16} \Leftrightarrow x^3 - 15x^2 + 27x - 13 \leq 0 \Leftrightarrow (x-1)^2(x-13) \leq 0$, care rezultă

din $(x-13) < 0$, pentru $0 < x < 3$ și $(x-1)^2 \geq 0$, cu egalitate pentru $x=1$.

$$LHS = \sum \frac{1}{\sqrt{a+3}} \stackrel{\text{Lema}}{\geq} \sum \frac{9-a}{16} = \frac{9 \cdot 3 - \sum a}{16} = \frac{27-3}{16} = \frac{24}{16} = \frac{3}{2} = RHS.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{\frac{r}{r_a} + 1}} \geq \frac{3\sqrt{3}}{2}.$$

Marin Chirciu

Soluție.**Lema.**

If $x, y, z > 0$, $x + y + z = 3$, then

$$\sum \frac{1}{\sqrt{x+3}} \geq \frac{3}{2}.$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind Lema pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c} \right)$ obținem

$$\sum \frac{1}{\sqrt{\frac{3r}{r_a} + 3}} \geq \frac{3}{2} \Leftrightarrow \sum \frac{1}{\sqrt{\frac{r}{r_a} + 1}} \geq \frac{3\sqrt{3}}{2}.$$

Remarca.

In ΔABC

$$\sum \frac{1}{\sqrt{\frac{r}{h_a} + 1}} \geq \frac{3\sqrt{3}}{2}.$$

Remarca.

If $a, b, c > 0$, $a+b+c=3$ and $\lambda \geq 0$ then

$$\sum \frac{1}{\sqrt{a+\lambda}} \geq \frac{3}{\sqrt{\lambda+1}}.$$

Marin Chirciu

Soluție.

Lema.

If $0 < a < 3$, and $\lambda \geq 0$ then

$$\frac{1}{\sqrt{a+\lambda}} \geq \frac{2\lambda+3-a}{2(\lambda+1)\sqrt{\lambda+1}}.$$

Folosim Tangent Line Method pentru funcția $f : (0, 3) \rightarrow \mathbf{R}$ $f(x) = \frac{1}{\sqrt{x+\lambda}}$ în $x_0 = 1$.

Aplicația41.

If $a, b, c > 0$, $a+b+c=3$ then

$$a^2 + b^2 + c^2 \geq a^2b + b^2c + c^2a.$$

Le Phuc Lu, Vietnam, THCS 4/2023

Remarca .

If $a, b, c > 0$, $a+b+c=1$ then

$$a^2 + b^2 + c^2 \geq 3(a^2b + b^2c + c^2a).$$

Marin Chirciu

Remarca .

In ΔABC

$$\frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \geq 3r \left(\frac{1}{r_a^2 r_b} + \frac{1}{r_b^2 r_c} + \frac{1}{r_c^2 r_a} \right).$$

Marin Chirciu

Solutie.**Lema.**

If $x, y, z > 0$, $x + y + z = 1$ then

$$x^2 + y^2 + z^2 \geq 3(x^2y + y^2z + z^2x).$$

Solutie.

$$\begin{aligned} x^2 + y^2 + z^2 \geq 3(x^2y + y^2z + z^2x) &\Leftrightarrow (x+y+z)(x^2 + y^2 + z^2) \geq 3(x^2y + y^2z + z^2x) \Leftrightarrow \\ &\Leftrightarrow \sum x^3 + \sum xy^2 + \sum x^2y \geq 3x^2y \Leftrightarrow \sum x^3 + \sum xy^2 - 2\sum x^2y \geq 0 \Leftrightarrow \\ &\Leftrightarrow \sum x(x^2 + y^2 - 2xy) \geq 0 \Leftrightarrow \sum x(x-y)^2 \geq 0. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c} \right)$ obținem:

$$\begin{aligned} \left(\frac{r}{r_a} \right)^2 + \left(\frac{r}{r_b} \right)^2 + \left(\frac{r}{r_c} \right)^2 &\geq 3 \left(\left(\frac{r}{r_a} \right)^2 \frac{r}{r_b} + \left(\frac{r}{r_b} \right)^2 \frac{r}{r_c} + \left(\frac{r}{r_c} \right)^2 \frac{r}{r_a} \right) \Leftrightarrow \\ &\Leftrightarrow \left(\frac{1}{r_a} \right)^2 + \left(\frac{1}{r_b} \right)^2 + \left(\frac{1}{r_c} \right)^2 \geq 3r \left(\left(\frac{1}{r_a} \right)^2 \frac{1}{r_b} + \left(\frac{1}{r_b} \right)^2 \frac{1}{r_c} + \left(\frac{1}{r_c} \right)^2 \frac{1}{r_a} \right) \Leftrightarrow \\ &\Leftrightarrow \frac{1}{r_a^2} + \frac{1}{r_b^2} + \frac{1}{r_c^2} \geq 3r \left(\frac{1}{r_a^2 r_b} + \frac{1}{r_b^2 r_c} + \frac{1}{r_c^2 r_a} \right). \end{aligned}$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Remarca .

In ΔABC

$$\frac{1}{h_a^2} + \frac{1}{h_b^2} + \frac{1}{h_c^2} \geq 3r \left(\frac{1}{h_a^2 h_b} + \frac{1}{h_b^2 h_c} + \frac{1}{h_c^2 h_a} \right).$$

Marin Chirciu

Aplicația42.

If $a, b, c > 0$, $a+b+c=3$, then

$$\sum \frac{a}{1+b^2} \geq \frac{3}{2}.$$

THCS 4/2023

Remarca

In ΔABC

$$\sum \frac{\frac{1}{r_a}}{1+\left(\frac{3r}{r_b}\right)^2} \geq \frac{1}{2r}.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $x+y+z=3$, then

$$\sum \frac{x}{1+y^2} \geq \frac{3}{2}.$$

Soluție.

$$\begin{aligned} LHS &= \sum \frac{x}{1+y^2} = \sum x \left(1 - \frac{y^2}{1+y^2}\right) \stackrel{AM-GM}{\geq} \sum x \left(1 - \frac{y^2}{2y}\right) = \sum x \left(1 - \frac{y}{2}\right) = \sum x - \frac{1}{2} \sum xy \stackrel{sos}{\geq} \\ &\stackrel{sos}{\geq} 3 - \frac{1}{2} \cdot \frac{1}{3} \left(\sum x\right)^2 = 3 - \frac{1}{6} \cdot 3^2 = \frac{3}{2} = RHS. \end{aligned}$$

Se cunoaște identitatea în triunghi $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1 \Leftrightarrow \frac{3r}{r_a} + \frac{3r}{r_b} + \frac{3r}{r_c} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\frac{3r}{r_a}, \frac{3r}{r_b}, \frac{3r}{r_c}\right)$ obținem:

$$\sum \frac{\frac{3r}{r_a}}{1+\left(\frac{3r}{r_b}\right)^2} \geq \frac{3}{2} \Leftrightarrow \sum \frac{\frac{1}{r_a}}{1+\left(\frac{3r}{r_b}\right)^2} \geq \frac{1}{2r}.$$

Aplicația43.

If $a, b, c > 0$, $ab+bc+ca=3$, then

$$\sum \frac{1}{a^2 + 2} \leq 1.$$

THCS 4/2023

Soluție.**Remarca**În ΔABC

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + 2} \leq 1.$$

Marin Chirciu

LemaIf $x, y, z > 0$, $xy + yz + zx = 3$, then

$$\sum \frac{1}{x^2 + 2} \leq 1.$$

Demonstrație.Intorc $\sum \frac{1}{x^2 + 2} \leq 1 \Leftrightarrow \sum \frac{x^2}{x^2 + 2} \geq 1$, care rezultă din:

$$\sum \frac{x^2}{x^2 + 2} \stackrel{cs}{\geq} \frac{\left(\sum x\right)^2}{\sum(x^2 + 2)} = \frac{\sum x^2 + 2 \sum xy}{\sum x^2 + 6} = \frac{\sum x^2 + 2 \cdot 3}{\sum x^2 + 6} = 1.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.Avem $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$ Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + 2} \leq 1.$$

RemarcaIf $a, b, c > 0$, $ab + bc + ca = 3$, and $\lambda \geq 2$ then

$$\sum \frac{1}{a^2 + \lambda} \leq \frac{3}{\lambda + 1}.$$

Marin Chirciu

Soluție.

Intorc $\sum \frac{1}{a^2 + \lambda} \leq \frac{3}{\lambda + 1} \Leftrightarrow \sum \frac{a^2}{a^2 + \lambda} \geq \frac{3}{\lambda + 1}$, care rezultă din:

$$\sum \frac{a^2}{a^2 + \lambda} \stackrel{\text{cs}}{\geq} \frac{(\sum a)^2}{\sum(a^2 + \lambda)} = \frac{\sum a^2 + 2 \sum ab}{\sum a^2 + 3\lambda} = \frac{\sum a^2 + 2 \cdot 3^{(1)}}{\sum a^2 + 3\lambda} \geq \frac{3}{\lambda + 1},$$

unde $\frac{\sum a^2 + 2 \cdot 3}{\sum a^2 + 3\lambda} \geq \frac{3}{\lambda + 1} \Leftrightarrow (\lambda - 2) \sum a^2 \geq 3(\lambda - 2)$, vezi ipoteza $\lambda \geq 2$ și $\sum a^2 \geq 3$,

adevărată din $\sum a^2 \geq \sum ab = 3$.

Remarca

În ΔABC

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + \lambda} \leq \frac{3}{\lambda + 1}, \text{ unde } \lambda \geq 2.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$, and $\lambda \geq 2$ then

$$\sum \frac{1}{x^2 + \lambda} \leq \frac{3}{\lambda + 1}.$$

Soluție.

Intorc $\sum \frac{1}{x^2 + \lambda} \leq \frac{3}{\lambda + 1} \Leftrightarrow \sum \frac{x^2}{x^2 + \lambda} \geq \frac{3}{\lambda + 1}$, care rezultă din:

$$\sum \frac{x^2}{x^2 + \lambda} \stackrel{\text{cs}}{\geq} \frac{(\sum x)^2}{\sum(x^2 + \lambda)} = \frac{\sum x^2 + 2 \sum xy}{\sum x^2 + 3\lambda} = \frac{\sum x^2 + 2 \cdot 3^{(1)}}{\sum x^2 + 3\lambda} \geq \frac{3}{\lambda + 1},$$

unde $\frac{\sum x^2 + 2 \cdot 3}{\sum x^2 + 3\lambda} \geq \frac{3}{\lambda + 1} \Leftrightarrow (\lambda - 2) \sum x^2 \geq 3(\lambda - 2)$, vezi ipoteza $\lambda \geq 2$ și $\sum x^2 \geq 3$,

adevărată din $\sum x^2 \geq \sum xy = 3$.

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Aveam $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{3 \tan^2 \frac{A}{2} + \lambda} \leq \frac{3}{\lambda + 1}.$$

Aplicația 44.

If $a, b, c > 0$, $ab + bc + ca = 1$, then

$$\sum \frac{1}{1+a} \geq \frac{3\sqrt{3}}{\sqrt{3}+1}.$$

Math for change

Remarca

In ΔABC

$$\sum \frac{1}{1+\tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{\sqrt{3}+1}.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$, then

$$\sum \frac{1}{1+x} \geq \frac{3\sqrt{3}}{\sqrt{3}+1}.$$

Soluție.

$$\sum \frac{1}{1+x} \geq \frac{3\sqrt{3}}{\sqrt{3}+1} \Leftrightarrow \frac{3+2\sum x + \sum xy}{1+\sum x + \sum xy + xyz} \geq \frac{3\sqrt{3}}{1+\sqrt{3}} \Leftrightarrow \frac{4+2\sum x}{2+\sum x + xyz} \geq \frac{3\sqrt{3}}{1+\sqrt{3}} \Leftrightarrow$$

$$\Leftrightarrow (2-\sqrt{3})\sum x \geq 2\sqrt{3}-4+3\sqrt{3}xyz, \text{ care rezultă din:}$$

$$x \geq \sqrt{3}, (\text{vezi } (\sum x)^2 \geq 3\sum xy = 3) \text{ și } xyz \leq \frac{1}{3\sqrt{3}}, (\text{vezi: } 1 = \sum xy \geq 3\sqrt[3]{x^2y^2z^2}).$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{1 + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{\sqrt{3} + 1}.$$

Remarca

If $a, b, c > 0$, $ab + bc + ca = 1$, and $0 \leq \lambda \leq \frac{2}{\sqrt{3}}$ then

$$\sum \frac{1}{\lambda + a} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}.$$

Marin Chirciu

Soluție.

$$\begin{aligned} \sum \frac{1}{\lambda + a} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} &\Leftrightarrow \frac{3\lambda^2 + 2\lambda \sum a + \sum ab}{\lambda^3 + \lambda^2 \sum a + \lambda \sum ab + abc} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} \Leftrightarrow \\ &\Leftrightarrow \frac{3\lambda^2 + 2\lambda \sum a + 1}{\lambda^3 + \lambda^2 \sum a + \lambda + abc} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} \Leftrightarrow \\ &\Leftrightarrow \lambda(2 - \lambda\sqrt{3}) \sum a \geq 2\lambda\sqrt{3} - 3\lambda^2 - 1 + 3\sqrt{3}abc, \text{ care rezultă din:} \end{aligned}$$

$$\sum a \geq \sqrt{3}, (\text{vezi } (\sum a)^2 \geq 3 \sum ab = 3) \text{ și } abc \leq \frac{1}{3\sqrt{3}}, (\text{vezi: } 1 = \sum ab \geq 3\sqrt[3]{a^2b^2c^2}).$$

Obținem:

$$\begin{aligned} \lambda(2 - \lambda\sqrt{3}) \cdot \sqrt{3} &\geq 2\lambda\sqrt{3} - 3\lambda^2 - 1 + 3\sqrt{3} \cdot \frac{1}{3\sqrt{3}} \Leftrightarrow (2 - \lambda\sqrt{3}) \cdot \sqrt{3} \geq 2\sqrt{3} - 3\lambda \Leftrightarrow \\ &\Leftrightarrow 2 - \lambda\sqrt{3} \geq 2 - \sqrt{3}\lambda, \text{ vezi ipoteza } 0 \leq \lambda \leq \frac{2}{\sqrt{3}}. \end{aligned}$$

Remarca

In $\triangle ABC$

$$\sum \frac{1}{\lambda + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}, \text{ unde } 0 \leq \lambda \leq \frac{2}{\sqrt{3}}.$$

Marin Chirciu

Lema

If $x, y, z > 0$, $xy + yz + zx = 1$, and $0 \leq \lambda \leq \frac{2}{\sqrt{3}}$ then

$$\sum \frac{1}{\lambda + x} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}.$$

Soluție.

$$\begin{aligned} \sum \frac{1}{\lambda + x} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} &\Leftrightarrow \frac{3\lambda^2 + 2\lambda \sum x + \sum xy}{\lambda^3 + \lambda^2 \sum x + \lambda \sum xy + xyz} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} \Leftrightarrow \\ &\Leftrightarrow \frac{3\lambda^2 + 2\lambda x + 1}{\lambda^3 + \lambda^2 \sum x + \lambda + xyz} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}} \Leftrightarrow \\ &\Leftrightarrow \lambda(2 - \lambda\sqrt{3}) \sum x \geq 2\lambda\sqrt{3} - 3\lambda^2 - 1 + 3\sqrt{3}xyz, \text{ care rezultă din:} \\ \sum x \geq \sqrt{3}, (\text{vezi } (\sum x)^2 \geq 3 \sum xy = 3) \text{ și } xyz \leq \frac{1}{3\sqrt{3}}, (\text{vezi: } 1 = xy \geq 3\sqrt[3]{x^2y^2z^2}). \end{aligned}$$

Obținem:

$$\begin{aligned} \lambda(2 - \lambda\sqrt{3}) \cdot \sqrt{3} \geq 2\lambda\sqrt{3} - 3\lambda^2 - 1 + 3\sqrt{3} \cdot \frac{1}{3\sqrt{3}} &\Leftrightarrow (2 - \lambda\sqrt{3}) \cdot \sqrt{3} \geq 2\sqrt{3} - 3\lambda \Leftrightarrow \\ 2 - \lambda\sqrt{3} \geq 2 - \sqrt{3}\lambda, \text{ vezi ipoteza } 0 \leq \lambda \leq \frac{2}{\sqrt{3}}. & \end{aligned}$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$

Folosind **Lema** pentru $(x, y, z) = \left(\tan \frac{A}{2}, \tan \frac{B}{2}, \tan \frac{C}{2} \right)$ obținem:

$$\sum \frac{1}{\lambda + \tan \frac{A}{2}} \geq \frac{3\sqrt{3}}{1 + \lambda\sqrt{3}}.$$

Aplicația45.

If $a, b, c > 0, ab + bc + ca = 3$ then

$$\sum \frac{ab}{a^2 + b^2} + \frac{5(a+b+c)}{6abc} \geq 4.$$

Nguyen Thai An, Vietnam, THCS 4/2023

Remarca.

If $a, b, c > 0, ab + bc + ca = 3$ and $\lambda \geq \frac{3}{4}$ then

$$\sum \frac{ab}{a^2 + b^2} + \frac{\lambda(a+b+c)}{abc} \geq \frac{3}{2}(2\lambda + 1).$$

Marin Chirciu

Remarca.In ΔABC

$$\sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda(4R+r)}{3r} \geq \frac{3}{2}(2\lambda+1), \text{ unde } \lambda \geq \frac{3}{4}.$$

Marin Chirciu

Soluție**Lema**

If $x, y, z > 0$, $xy + yz + zx = 3$ and $\lambda \geq \frac{3}{4}$ then

$$\sum \frac{xy}{x^2 + y^2} + \frac{\lambda(x+y+z)}{xyz} \geq \frac{3}{2}(2\lambda+1).$$

Demonstrație.If $x, y, z > 0$ then

$$\frac{x+y+z}{xyz} \geq 3.$$

$$3(x+y+z) = (x+y+z)(xy+yz+zx) \stackrel{AM-GM}{\geq} 3\sqrt[3]{xyz} \cdot 3\sqrt[3]{x^2y^2z^2} = 9xyz \Rightarrow \frac{x+y+z}{xyz} \geq 3,$$

cu egalitate pentru $a=b=c=1$.

$$\begin{aligned} \text{Din AM-GM rezultă } \frac{xy}{x^2 + y^2} + \frac{x^2 + y^2}{4xy} \geq 1 \Rightarrow \sum \frac{xy}{x^2 + y^2} + \sum \frac{x^2 + y^2}{4xy} \geq 3 \Rightarrow \\ \Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{\sum z(x^2 + y^2)}{4xyz} \geq 3 \Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{(x+y+z)(xy+yz+zx)-3xyz}{4xyz} \geq 3 \Rightarrow \\ \Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{3(x+y+z)-3xyz}{4xyz} \geq 3 \Rightarrow \sum \frac{xy}{x^2 + y^2} + \frac{3(x+y+z)}{4xyz} \geq \frac{15}{4}. \\ \text{Din } \sum \frac{xy}{x^2 + y^2} + \frac{3(x+y+z)}{4xyz} \geq \frac{15}{4}, \frac{x+y+z}{xyz} \geq 3 \text{ și } \lambda \geq \frac{3}{4} \text{ obținem} \\ \sum \frac{xy}{x^2 + y^2} + \frac{\lambda(x+y+z)}{xyz} \geq \frac{3}{2}(2\lambda+1). \end{aligned}$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Avem $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1 \Leftrightarrow \sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2} \right)$ obținem

$$\begin{aligned} & \sum \frac{\sqrt{3} \tan \frac{A}{2} \cdot \sqrt{3} \tan \frac{B}{2}}{3 \tan^2 \frac{A}{2} + 3 \tan^2 \frac{B}{2}} + \frac{\lambda \left(\sqrt{3} \tan \frac{A}{2} + \sqrt{3} \tan \frac{B}{2} + \sqrt{3} \tan \frac{C}{2} \right)}{\sqrt{3} \tan \frac{A}{2} \cdot \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2}} \geq \frac{3}{2}(2\lambda+1) \Leftrightarrow \\ & \Leftrightarrow \sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda \left(\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2} \right)}{3 \tan \frac{A}{2} \tan \frac{B}{2} \tan \frac{C}{2}} \geq \frac{3}{2}(2\lambda+1) \Leftrightarrow \\ & \Leftrightarrow \sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda \cdot \frac{4R+r}{p}}{3 \cdot \frac{r}{p}} \geq \frac{3}{2}(2\lambda+1) \Leftrightarrow \sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{\lambda(4R+r)}{3r} \geq \frac{3}{2}(2\lambda+1) \end{aligned}$$

Remarca.

Cazul $\lambda = \frac{3}{4}$.

În ΔABC

$$\sum \frac{\tan \frac{A}{2} \tan \frac{B}{2}}{\tan^2 \frac{A}{2} + \tan^2 \frac{B}{2}} + \frac{R}{r} \geq \frac{7}{2}.$$

Marin Chirciu

Aplicația46.

If $a, b, c > 0$, $a+b+c=1$ then

$$\sum (a+b) \sqrt{\frac{a}{b}} \geq 2.$$

Panagiotis Danousis, Greece, MathAtelier 4/2023

Remarca.

În ΔABC

$$\sum \left(\frac{r}{r_a} + \frac{r}{r_b} \right) \sqrt{\frac{r_b}{r_a}} \geq 2$$

Marin Chirciu

Soluție.**Lema**

If $x, y > 0$ then

$$\sum(x+y)\sqrt{\frac{x}{y}} \geq 2.$$

Demonstrație

Avem $(x+y)\sqrt{\frac{x}{y}} \geq 2x$, care rezultă din:

$$(x+y)\sqrt{\frac{x}{y}} \geq 2x \Leftrightarrow (\sqrt{x}-\sqrt{y})^2 \sqrt{\frac{x}{y}} \geq 0, \text{ cu egalitate pentru } x=y.$$

$$\text{Obținem } \sum(x+y)\sqrt{\frac{x}{y}} \stackrel{\text{Lema}}{\geq} \sum 2x = 2 \sum x = 2 \cdot 1 = 2.$$

$$\text{Se cunoaște identitatea în triunghi } \frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem:

$$\sum\left(\frac{r}{r_a} + \frac{r}{r_b}\right)\sqrt{\frac{r}{r_a}} \geq 2 \Leftrightarrow \sum\left(\frac{r}{r_a} + \frac{r}{r_b}\right)\sqrt{\frac{r_b}{r_a}} \geq 2 \Leftrightarrow \sum\left(\frac{1}{r_a} + \frac{1}{r_b}\right)\sqrt{\frac{r_b}{r_a}} \geq \frac{2}{r}.$$

Aplicatia47.

If $a, b, c > 0, a+b+c=1$ then

$$\sum \frac{(a+b)^3}{a+b+ab} \geq \frac{8}{7}.$$

George Apostolopoulos, Greece, Mathematical Inequalities 4/2023

Remarca.

If $a, b, c > 0, a+b+c=1$ and $\lambda \geq 0$ then

$$\sum \frac{(a+b)^3}{a+b+\lambda ab} \geq \frac{8}{\lambda+6}.$$

Marin Chirciu

Soluție.

$$\text{LHS} = \sum \frac{(a+b)^3}{a+b+\lambda ab} \stackrel{\text{Holder}}{\geq} \frac{\left(\sum(a+b)\right)^3}{3\sum(a+b+\lambda ab)} = \frac{\left(2\sum a\right)^3}{3\left(2\sum a + \lambda \sum ab\right)} = \frac{8}{3\left(2+\lambda \sum ab\right)} \stackrel{(1)}{\geq} \frac{8}{\lambda+6} =$$

= RHS , unde

$$\frac{8}{3(2+\lambda \sum ab)} \geq \frac{8}{\lambda+6} \Leftrightarrow \lambda+6 \geq 3(2+\lambda \sum ab) \Leftrightarrow \lambda \geq 3\lambda \sum ab \Leftrightarrow (\sum a)^2 \geq 3\sum ab, \text{ inegalitate cunoscută.}$$

$$\text{Se cunoaște identitatea în triunghi } \frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r} \Leftrightarrow \frac{r}{r_a} + \frac{r}{r_b} + \frac{r}{r_c} = 1.$$

Folosind **Lema** pentru $(x, y, z) = \left(\frac{r}{r_a}, \frac{r}{r_b}, \frac{r}{r_c}\right)$ obținem o inegalitate în triunghi.

Remarca.

If $a, b, c > 0, a+b+c=1$ and $n \geq 0, \lambda \geq 0$ then

$$\sum \frac{(a+nb)^3}{a+b+\lambda ab} \geq \frac{(n+1)^3}{\lambda+6}.$$

Marin Chirciu

Aplicația48.

If $a, b, c > 0, a+b+c \geq 3abc$ then

$$\frac{1}{(a+1)^2} + \frac{1}{(b+1)^2} + \frac{1}{(c+1)^2} \geq \frac{3}{4}.$$

Nguyen Thau An, Vietnam, THCS 4/2023

Remarca.

Problema se poate dezvolta.

If $x, y, z > 0, xy + yz + zx = 3$ then

$$\frac{x^2}{(x+1)^2} + \frac{y^2}{(y+1)^2} + \frac{z^2}{(z+1)^2} \geq \frac{3}{4}.$$

Marin Chirciu

Demonstrație.

$$\sum \frac{x^2}{(x+1)^2} \stackrel{cs}{\geq} \frac{\left(\sum x\right)^2}{\sum (x+1)^2} = \frac{\left(\sum x\right)^2}{\sum x^2 + 2\sum x + 3} \stackrel{\sum_{xy=3}}{\geq} \frac{\left(\sum x\right)^2}{\sum x^2 + 2\sum x + \sum xy} \stackrel{(1)}{\geq} \frac{3}{4},$$

unde $\frac{\left(\sum x\right)^2}{\sum x^2 + 2\sum x + \sum xy} \geq \frac{3}{4} \Leftrightarrow 4\left(\sum x\right)^2 \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow$

$$\left(\sum x\right)^2 + 3\sum x^2 + 6\sum xy \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow \left(\sum x\right)^2 - 6\sum x + 3\sum xy \geq 0,$$

care rezultă din $\sum xy = 3$.

$$\text{Obținem } \left(\sum x\right)^2 - 6\sum x + 3\sum xy = \left(\sum x\right)^2 - 6\sum x + 9 = \left(\sum x - 3\right)^2 \geq 0.$$

Remarca.

În $\triangle ABC$

$$\frac{\tan^2 \frac{A}{2}}{\left(\sqrt{3} \tan \frac{A}{2} + 1\right)^2} + \frac{\tan^2 \frac{B}{2}}{\left(\sqrt{3} \tan \frac{B}{2} + 1\right)^2} + \frac{\tan^2 \frac{C}{2}}{\left(\sqrt{3} \tan \frac{C}{2} + 1\right)^2} \geq \frac{1}{4}.$$

Marin Chirciu

Soluție

Lema

If $x, y, z > 0$, $xy + yz + zx = 3$ then

$$\frac{x^2}{(x^2 + 1)^2} + \frac{y^2}{(y^2 + 1)^2} + \frac{z^2}{(z^2 + 1)^2} \geq \frac{3}{4}.$$

Demonstrație.

$$\sum \frac{x^2}{(x+1)^2} \stackrel{cs}{\geq} \frac{\left(\sum x\right)^2}{\sum (x+1)^2} = \frac{\left(\sum x\right)^2}{\sum x^2 + 2\sum x + 3} \stackrel{\sum_{xy=3}}{\geq} \frac{\left(\sum x\right)^2}{\sum x^2 + 2\sum x + \sum xy} \stackrel{(1)}{\geq} \frac{3}{4},$$

unde $\frac{\left(\sum x\right)^2}{\sum x^2 + 2\sum x + \sum xy} \geq \frac{3}{4} \Leftrightarrow 4\left(\sum x\right)^2 \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow$

$$\left(\sum x\right)^2 + 3\sum x^2 + 6\sum xy \geq 3\sum x^2 + 6\sum x + 3\sum xy \Leftrightarrow \left(\sum x\right)^2 - 6\sum x + 3\sum xy \geq 0,$$

care rezultă din $\sum xy = 3$.

$$\text{Obținem } \left(\sum x\right)^2 - 6\sum x + 3\sum xy = \left(\sum x\right)^2 - 6\sum x + 9 = \left(\sum x - 3\right)^2 \geq 0.$$

Se cunoaște identitatea în triunghi $\sum \tan \frac{B}{2} \tan \frac{C}{2} = 1$.

Audem $\sum 3 \tan \frac{B}{2} \tan \frac{C}{2} = 3 \Leftrightarrow \sum \sqrt{3} \tan \frac{B}{2} \cdot \sqrt{3} \tan \frac{C}{2} = 3$.

Folosind **Lema** pentru $(x, y, z) = \left(\sqrt{3} \tan \frac{A}{2}, \sqrt{3} \tan \frac{B}{2}, \sqrt{3} \tan \frac{C}{2}\right)$ obținem:

$$\begin{aligned} & \frac{3 \tan^2 \frac{A}{2}}{\left(\sqrt{3} \tan \frac{A}{2} + 1\right)^2} + \frac{3 \tan^2 \frac{B}{2}}{\left(\sqrt{3} \tan \frac{B}{2} + 1\right)^2} + \frac{3 \tan^2 \frac{C}{2}}{\left(\sqrt{3} \tan \frac{C}{2} + 1\right)^2} \geq \frac{3}{4} \Leftrightarrow \\ & \Leftrightarrow \frac{\tan^2 \frac{A}{2}}{\left(\sqrt{3} \tan \frac{A}{2} + 1\right)^2} + \frac{\tan^2 \frac{B}{2}}{\left(\sqrt{3} \tan \frac{B}{2} + 1\right)^2} + \frac{\tan^2 \frac{C}{2}}{\left(\sqrt{3} \tan \frac{C}{2} + 1\right)^2} \geq \frac{1}{4}. \end{aligned}$$

Aplicația49.

În ΔABC

$$\sum \left(\frac{a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{81r^2}{2p^2}.$$

Mehmet Şahin, Turkey

Remarca.

Problema se poate dezvolta.

În ΔABC

$$\sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Soluție.

Lemă.

Fie $x, y, z > 0$ și $f : D \rightarrow \mathbf{R}$ o funcție. Are loc relația

$$\sum \frac{y+z}{x} f^2(a) \geq 2 \sum f(b)f(c).$$

Demonstratie.

Audem $\sum \frac{y+z}{x} f^2(a) = \sum \left(\frac{y+z}{x} + 1 - 1 \right) f^2(a) = \sum \frac{x+y+z}{x} f^2(a) - \sum f^2(a) \stackrel{CS}{\geq}$

$$\stackrel{CS}{\geq} (x+y+z) \frac{\left(\sum f(a)\right)^2}{x+y+z} - \sum f^2(a) = (x+y+z) \frac{\left(\sum f(a)\right)^2}{(x+y+z)} - \sum f^2(a) = \\ = (\sum f(a))^2 - \sum f^2(a) = \sum f^2(a) + 2\sum f(b)f(c) - \sum f^2(a) = 2\sum f(b)f(c).$$

Folosind **Lema** pentru $f(a) = \frac{h_a}{2p-a} = \frac{h_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{Lema}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} = 2 \sum \frac{h_b h_c}{(a+b)(a+c)} = \\ = 2 \frac{r(p^2+r^2+4Rr)}{R(p^2+r^2+2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

$$\text{unde } 2 \frac{r(p^2+r^2+4Rr)}{R(p^2+r^2+2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R-9r) + r(16R^2-14Rr-9r^2) \geq 0.$$

Distingem cazurile:

Cazul 1). Dacă $(4R-9r) \geq 0$, inegalitatea este evidentă.

Cazul 2). Dacă $(4R-9r) < 0$, inegalitatea se rescrie: $r(16R^2-14Rr-9r^2) \geq p^2(9r-4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2-14Rr-9r^2) \geq (4R^2+4Rr+3r^2)(9r-4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow \\ \Leftrightarrow (R-2r)(8R^2+14Rr+9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Am folosit mai sus: $\sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2+r^2+4Rr)}{R(p^2+r^2+2Rr)}$.

Remarca.

În ΔABC

$$\sum \left(\frac{m_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{m_a}{2p-a} = \frac{m_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{m_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{m_a \geq h_a}{\geq} \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} =$$

$$2 \sum \frac{h_b h_c}{(a+b)(a+c)} = 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

$$\text{unde } 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R - 9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$$

Distingem cazurile:

Cazul 1). Dacă $(4R - 9r) \geq 0$, inegalitatea este evidentă.

Cazul 2). Dacă $(4R - 9r) < 0$, inegalitatea se rescrie: $r(16R^2 - 14Rr - 9r^2) \geq p^2(9r - 4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r - 4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow \\ \Leftrightarrow (R - 2r)(8R^2 + 14Rr + 9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

$$\text{Am folosit mai sus: } \sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}.$$

Remarca.

În ΔABC

$$\sum \left(\frac{w_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{w_a}{2p-a} = \frac{w_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{w_a \geq h_a}{\geq} \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} =$$

$$2 \sum \frac{h_b h_c}{(a+b)(a+c)} = 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

$$\text{unde } 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R - 9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$$

Distingem cazurile:

Cazul 1). Dacă $(4R - 9r) \geq 0$, inegalitatea este evidentă.

Cazul 2). Dacă $(4R - 9r) < 0$, inegalitatea se rescrie: $r(16R^2 - 14Rr - 9r^2) \geq p^2(9r - 4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r - 4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(8R^2 + 14Rr + 9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

$$\text{Am folosit mai sus: } \sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}.$$

Remarca.

În ΔABC

$$\sum \left(\frac{s_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9r^2}{2R^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{s_a}{2p-a} = \frac{s_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{s_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{s_a \geq h_a}{\geq} \sum \left(\frac{h_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{h_b}{c+a} \cdot \frac{h_c}{a+b} =$$

$$= 2 \sum \frac{h_b h_c}{(a+b)(a+c)} = 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} = RHS,$$

$$\text{unde } 2 \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9r^2}{2R^2} \Leftrightarrow p^2(4R - 9r) + r(16R^2 - 14Rr - 9r^2) \geq 0.$$

Distingem cazurile:

Cazul1). Dacă $(4R - 9r) \geq 0$, inegalitatea este evidentă.

Cazul2). Dacă $(4R - 9r) < 0$, inegalitatea se rescrie: $r(16R^2 - 14Rr - 9r^2) \geq p^2(9r - 4R)$,

care rezultă din inegalitatea lui Gerretsen $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$r(16R^2 - 14Rr - 9r^2) \geq (4R^2 + 4Rr + 3r^2)(9r - 4R) \Leftrightarrow 8R^3 - 2R^2r - 19Rr^2 - 18r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(8R^2 + 14Rr + 9r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Am folosit mai sus: $\sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)}$.

Remarca.

În ΔABC

$$\sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9}{8}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{r_a}{2p-a} = \frac{r_a}{b+c}$ obținem:

$$LHS = \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{r_b}{c+a} \cdot \frac{r_c}{a+b} = 2 \sum \frac{r_b r_c}{(a+b)(a+c)} =$$

$$= 2 \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr} \stackrel{(1)}{\geq} \frac{9}{8} = RHS,$$

$$\text{unde } 2 \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr} \stackrel{(1)}{\geq} \frac{9}{8} \Leftrightarrow 7p^2 \geq 82Rr + 25r^2,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$7(16Rr - 5r^2) \geq 82Rr + 25r^2 \Leftrightarrow R \geq 2r, (\text{Euler}).$$

Am folosit mai sus: $\sum \frac{r_b r_c}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr}$.

Remarca.

În ΔABC

$$\sum \frac{h_b h_c}{(a+b)(a+c)} \leq \sum \frac{r_b r_c}{(a+b)(a+c)}.$$

Marin Chirciu

Solutie.

Avem sumele:

$$\sum \frac{h_b h_c}{(a+b)(a+c)} = \frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \text{ și } \sum \frac{r_b r_c}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr}.$$

Inegalitatea se scrie:

$$\frac{r(p^2 + r^2 + 4Rr)}{R(p^2 + r^2 + 2Rr)} \leq \frac{p^2 - r^2 - 4Rr}{p^2 + r^2 + 2Rr} \Leftrightarrow p^2(R-r) \geq r(4R^2 + 5Rr + r^2), \text{ care rezultă din inegalitatea lui Gerretsen } p^2 \geq 16Rr - 5r^2.$$

Rămâne să arătăm că:

$$(16Rr - 5r^2)(R-r) \geq r(4R^2 + 5Rr + r^2) \Leftrightarrow 6R^2 - 13Rr + 2r^2 \geq 0 \Leftrightarrow (R-2r)(6R-r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Remarca.

În ΔABC

$$\sum \left(\frac{\tan \frac{A}{2}}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9}{8}.$$

Marin Chirciu

Solutie.

Folosind **Lema** pentru $f(a) = \frac{\tan \frac{A}{2}}{2p-a} = \frac{\tan \frac{A}{2}}{b+c}$ obținem:

$$LHS = \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{\tan \frac{B}{2}}{c+a} \cdot \frac{\tan \frac{C}{2}}{a+b} = 2 \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} =$$

$$= 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} = RHS,$$

$$\text{unde } 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} \Leftrightarrow 7p^2 \geq 82Rr + 25r^2,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$7(16Rr - 5r^2) \geq 82Rr + 25r^2 \Leftrightarrow R \geq 2r, (\text{Euler}).$$

$$\text{Am folosit mai sus: } \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}.$$

Remarca.

În ΔABC

$$\sum \left(\frac{\tan \frac{A}{2}}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{9}{8}.$$

Marin Chirciu

Soluție.

$$\text{Folosind Lema pentru } f(a) = \frac{\tan \frac{A}{2}}{2p-a} = \frac{\tan \frac{A}{2}}{b+c} \text{ obținem:}$$

$$LHS = \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b) f(c) = 2 \sum \frac{\tan \frac{B}{2}}{c+a} \cdot \frac{\tan \frac{C}{2}}{a+b} = 2 \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} =$$

$$= 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} = RHS,$$

$$\text{unde } 2 \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{9}{8p^2} \Leftrightarrow 7p^2 \geq 82Rr + 25r^2,$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$7(16Rr - 5r^2) \geq 82Rr + 25r^2 \Leftrightarrow R \geq 2r, (\text{Euler}).$$

Am folosit mai sus: $\sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}.$

Remarca.

În ΔABC

$$\sum \left(\frac{\cot \frac{A}{2}}{b+c} \right)^2 \frac{y+z}{x} \geq \frac{81}{8p^2}.$$

Marin Chirciu

Soluție.

Folosind **Lema** pentru $f(a) = \frac{\cot \frac{A}{2}}{2p-a} = \frac{\cot \frac{A}{2}}{b+c}$ obținem:

$$\begin{aligned} LHS &= \sum \left(\frac{r_a}{b+c} \right)^2 \frac{y+z}{x} \stackrel{\text{Lema}}{\geq} 2 \sum f(b)f(c) = 2 \sum \frac{\cot \frac{B}{2}}{c+a} \cdot \frac{\cot \frac{C}{2}}{a+b} = 2 \sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} = \\ &= 2 \cdot \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{81}{8p^2} = RHS, \end{aligned}$$

$$\text{unde } 2 \cdot \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)} \stackrel{(1)}{\geq} \frac{81}{8p^2} \Leftrightarrow p^2(32R - 49r) \geq 81r(r^2 + 2Rr),$$

care rezultă din inegalitatea lui Gerretsen $p^2 \geq 16Rr - 5r^2$.

Rămâne să arătăm că:

$$(16Rr - 5r^2)(32R - 49r) \geq 81r(r^2 + 2Rr) \Leftrightarrow 256R^2 - 553Rr + 82r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(6R - r) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

Am folosit mai sus: $\sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} = \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)}.$

Remarca.

În ΔABC

$$9 \cdot \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} \leq \sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)}.$$

Marin Chirciu

Soluție

Lema1

În ΔABC

$$\sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}.$$

Demonstrație

$$\begin{aligned} \sum \frac{\tan \frac{B}{2} \tan \frac{C}{2}}{(a+b)(a+c)} &= \sum \frac{\sqrt{\frac{(p-a)(p-c)}{p(p-b)}} \sqrt{\frac{(p-a)(p-b)}{p(p-c)}}}{(a+b)(a+c)} = \frac{1}{p} \sum \frac{p-a}{(a+b)(a+c)} = \\ &= \frac{1}{p} \frac{\sum (p-a)(b+c)}{\prod (b+c)} = \frac{1}{p} \cdot \frac{2(p^2 - r^2 - 4Rr)}{2p(p^2 + r^2 + 2Rr)} = \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)}. \end{aligned}$$

Lema2

În ΔABC

$$\sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} = \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)}.$$

Demonstrație

$$\begin{aligned} \sum \frac{\cot \frac{B}{2} \cot \frac{C}{2}}{(a+b)(a+c)} &= \sum \frac{\sqrt{\frac{p(p-b)}{(p-a)(p-c)}} \sqrt{\frac{p(p-c)}{(p-a)(p-b)}}}{(a+b)(a+c)} = p \sum \frac{1}{(p-a)(a+b)(a+c)} = \\ &= \frac{\sum (p-b)(p-c)(b+c)}{\prod (p-a) \prod (b+c)} = \frac{4rp(R+r)}{r^2 p \cdot 2p(p^2 + r^2 + 2Rr)} = \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)}. \end{aligned}$$

Inegalitatea se scrie:

$$9 \cdot \frac{p^2 - r^2 - 4Rr}{p^2(p^2 + r^2 + 2Rr)} \leq \frac{2(R+r)}{r(p^2 + r^2 + 2Rr)} \Leftrightarrow p^2(2R - 7r) + 9r^2(4R + r) \geq 0.$$

Distingem cazurile:

Cazul1). Dacă $(2R - 7r) \geq 0$, inegalitatea este evidentă.

Cazul2). Dacă $(2R - 7r) < 0$, inegalitatea se rescrie $9r^2(4R + r) \geq p^2(7r - 2R)$,

care rezultă din inegalitatea lui Gerretsen: $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Rămâne să arătăm că:

$$9r^2(4R + r) \geq (4R^2 + 4Rr + 3r^2)(7r - 2R) \Leftrightarrow 4R^3 - 10R^2r + 7Rr^2 - 6r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(4R^2 - 2Rr + 3r^2) \geq 0, \text{ evident din inegalitatea lui Euler } R \geq 2r.$$

Egalitatea are loc dacă și numai dacă triunghiul este echilateral.

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Art 4800

1 Septembrie 2023

3. Metoda polinoamelor reciproce

De Gheorghe Ghiță, Buzău

Articolul propune utilizarea metodei polinoamelor reciproce (polinoame care au coeficienții egali depărtați de extreme egali între ei) pentru demonstrarea unor inegalități, metodă care se bazează pe pozitivitatea unor polinoame reciproce cu coeficienți întregi ce admit pe 1 ca rădăcină dublă. Fie $P(t)$, $t > 0$ polinomul reciproc atașat inegalității respective.

$$1) \quad x, y > 0 \Rightarrow \sqrt{\frac{x^2+y^2}{2}} \leq \sqrt[3]{\frac{x^3+y^3}{2}} \leq \sqrt[4]{\frac{x^4+y^4}{2}} \leq \frac{x^3+y^3}{2xy}$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. } \frac{x^2+y^2}{x+y} \geq \sqrt[3]{\frac{x^3+y^3}{2}} \Leftrightarrow \left(\frac{t^2+1}{t+1}\right)^3 \geq \frac{t^3+1}{2}, t = \frac{x}{y} \Leftrightarrow P(t) = t^6 - 3t^5 + 3t^4 - 2t^3 + 3t^2 - 3t + 1 = (t-1)^4(t^2+t+1) \geq 0;$$

$$\sqrt{\frac{x^2+y^2}{2}} \leq \sqrt[3]{\frac{x^3+y^3}{2}} \Leftrightarrow \sqrt{\frac{t^2+1}{2}} \leq \sqrt[3]{\frac{t^3+1}{2}}, t = \frac{x}{y} \Leftrightarrow P(t) = t^6 - 3t^4 + 4t^3 - 3t^2 + 1 = (t-1)^2(t^4+2t^3+2t+1) \geq 0;$$

$$\sqrt[3]{\frac{x^3+y^3}{2}} \leq \sqrt[4]{\frac{x^4+y^4}{2}} \Leftrightarrow \sqrt[3]{\frac{t^3+1}{2}} \leq \sqrt[4]{\frac{t^4+1}{2}}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{12} - 4t^9 + 6t^8 - 6t^6 * 6t^4 - 4t^3 + 1 = (t-1)^2(t^{10}+2t^9+3t^8+3t^6+6t^5+3t^4+3t^2+2t+1) \geq 0;$$

$$\sqrt[4]{\frac{x^4+y^4}{2}} \leq \frac{x^3+y^3}{2xy} \Leftrightarrow \left(\frac{t^3+1}{2t}\right)^4 \geq \frac{t^4+1}{2}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{12} + 4t^9 - 8t^8 + 6t^6 - 8t^4 + 4t^3 + 1 = (t-1)^2(t^{10}+2t^9+3t^8+8t^7+5t^6+2t^5+5t^4+8t^3+3t^2+2t+1) \geq 0.$$

$$2) \quad \forall x, y > 0; n \in N^*, k \in N \Rightarrow \frac{x^{2n+k}+y^{2n+k}}{x^n y^n (x^{k+1}+y^{k+1})} + \frac{y^{2n+k}+z^{2n+k}}{y^n z^n (y^{k+1}+z^{k+1})} + \frac{z^{2n+k}+x^{2n+k}}{z^n x^n (z^{k+1}+x^{k+1})} \geq \frac{9}{x+y+z}.$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. Lemă: } \forall x, y > 0; n \in N^*, k \in N \Rightarrow \frac{x^{2n+k}+y^{2n+k}}{x^n y^n (x^{k+1}+y^{k+1})} \geq \frac{2}{x+y}.$$

$$\begin{aligned} \text{Pentru } n = 1, k \in N \Rightarrow \frac{x^{k+2}+y^{k+2}}{xy(x^{k+1}+y^{k+1})} \geq \frac{2}{x+y} \Leftrightarrow \frac{t^{k+2}+1}{t(t^{k+1}+1)} \geq \frac{2}{t+1}, t = \frac{x}{y} \Leftrightarrow P(t) = \\ (t-1)^2(t^{k+1}+t^k+\dots+t+1) \geq 0; \text{ pentru } n \geq 2, k \geq 1, \frac{x^{2n+k}+y^{2n+k}}{x^n y^n (x^{k+1}+y^{k+1})} \geq \frac{2}{x+y} \Leftrightarrow \\ \frac{t^{2n+k}+1}{t^n(t^{k+1}+1)} \geq \frac{2}{t+1}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{2n+k+1} + t^{2n+k} - 2t^{n+k+1} - 2t^n + t + 1 = \\ t^{k+1}(t^n-1)^2 + t^{2n+k} - 2t^n - t^{k+1} + t + 1 = t^{k+1}(t^n-1)^2 + t^k(t^n-1)^2 + 2t^{n+k} - \\ 2t^n - t^{k+1} - t^k + t + 1 = (t^n-1)^2(t^{k+1}+t^k) + 2t^n(t^k-1) - t(t^k-1) - (t^k-1) = \\ (t^n-1)^2(t^{k+1}+t^k) + (t^k-1)(t^n-1+t(t^{n-1}-1)) = (t^n-1)^2(t^{k+1}+t^k) + \\ (t^k-1)(t-1)(t^{n-1}+t^{n-2}+\dots+t+1) + t(t^k-1)(t-1)(t^{n-2}+t^{n-3}+\dots+t+1) = \\ (t-1)^2(t^{n-1}+t^{n-2}+\dots+t+1)^2(t^{k+1}+t^k) + (t-1)^2(t^{k-1}+t^{k-2}+\dots+t+1)(t^{n-1}+ \end{aligned}$$

$$\begin{aligned} t^{n-2} + \dots + t + 1) + t(t-1)^2(t^{k-1} + t^{k-2} + \dots + t + 1)(t^{n-2} + t^{n-3} + \dots + t + 1) = \\ (t-1)^2[(t^{n-1} + t^{n-2} + \dots + t + 1)^2(t^{k+1} + t^k) + (t^{k-1} + t^{k-2} + \dots + t + 1)(2t^{n-1} + \\ 2t^{n-2} + \dots + 2t + 1)] \geq 0; \end{aligned}$$

$$\sum \frac{x^{2n+k} + y^{2n+k}}{x^n y^n (x^{k+1} + y^{k+1})} \stackrel{\text{Lemă}}{\geq} \sum \frac{2}{x+y} \stackrel{MA-MH}{\geq} \frac{18}{\sum(x+y)} = \frac{18}{2\sum x} = \frac{9}{\sum x}.$$

$$3) \quad x, y, z, m > 0; k, n \in N^* \Rightarrow \frac{x^{n+k} + my^{n+k}}{x^n + my^n} + \frac{y^{n+k} + mz^{n+k}}{y^n + mz^n} + \frac{z^{n+k} + mx^{n+k}}{z^n + mx^n} \geq \frac{(\sum x)^k}{3^{k-1}}.$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. Lemă. } \forall x, y > 0; k, n \in N^*, m > 0 \Rightarrow \frac{x^{n+k} + my^{n+k}}{x^n + my^n} \geq \frac{x^k + my^k}{1+m};$$

$$\frac{x^{n+k} + my^{n+k}}{x^n + my^n} \geq \frac{x^k + my^k}{1+m} \Leftrightarrow \frac{t^{n+k} + m}{t^n + m} \geq \frac{t^k + m}{1+m}, t = \frac{x}{y} > 0 \Leftrightarrow P(t) = (t^k - 1)(t^n - 1) = \\ (t-1)^2(t^{k-1} + t^{k-2} + \dots + t + 1)(t^{n-1} + t^{n-2} + \dots + t + 1) \geq 0;$$

$$\sum \frac{x^{n+k} + my^{n+k}}{x^n + my^n} \stackrel{\text{Lemă}}{\geq} \sum \frac{x^k + my^k}{1+m} = \frac{\sum x^k + m \sum y^k}{m+1} = \frac{(m+1) \sum x^k}{m+1} = \sum x^k = \sum \frac{x^k}{1^{k-1}} \stackrel{\text{Radon}}{\geq} \frac{(\sum x)^k}{3^{k-1}}.$$

$$4) \quad \Delta ABC \Rightarrow \frac{m(r_a^{2n} + r_b^{2n}) + 2r_a^n r_b^n}{r_a^{2n+2} + r_b^{2n+2}} + \frac{m(r_b^{2n} + r_c^{2n}) + 2r_b^n r_c^n}{r_b^{2n+2} + r_c^{2n+2}} + \frac{m(r_c^{2n} + r_a^{2n}) + 2r_c^n r_a^n}{r_c^{2n+2} + r_a^{2n+2}} \leq \frac{R(m+1)}{6r^3}.$$

$$\text{Soluție. Lemă. } \forall x, y, m > 0; n \in N^* \Rightarrow \frac{m(x^{2n} + y^{2n}) + 2x^n y^n}{x^{2n+2} + y^{2n+2}} \leq \frac{m+1}{xy}.$$

$$\frac{m(x^{2n} + y^{2n}) + 2x^n y^n}{x^{2n+2} + y^{2n+2}} \leq \frac{m+1}{xy} \Leftrightarrow \frac{m(t^{2n+1} + 2t^n)}{t^{2n+2} + 1} \leq \frac{m+1}{t}, t = \frac{x}{y} \Leftrightarrow P(t) = (m+1)t^{2n+2} - mt^{2n+1} - \\ 2t^{n+1} - mt + m + 1 = mt^{2n+1}(t-1) + (t^{n+1} - 1)^2 - m(t-1) = m(t-1)(t^{2n+1} - 1) + \\ (t-1)^2(t^n + t^{n-1} + \dots + t + 1)^2 = (t-1)^2(m(t^{2n} + t^{2n-1} + \dots + t + 1) + \\ (t^n + t^{n-1} + \dots + t + 1)^2) \geq 0, \forall t, m > 0;$$

$$\begin{aligned} \sum \frac{m(r_a^{2n} + r_b^{2n}) + 2r_a^n r_b^n}{r_a^{2n+2} + r_b^{2n+2}} \stackrel{\text{Lemă}}{\geq} \sum \frac{m+1}{r_a r_b} = (m+1) \frac{\sum r_a}{r_a r_b r_c} \stackrel{\sum r_a = 4R+r}{=} \frac{\frac{(m+1)(4R+r)}{s^3}}{\frac{(p-a)(p-b)(p-c)}{s^2}} = \frac{(m+1)(4R+r)}{\frac{p s^3}{s^2}} = \\ \frac{(m+1)(4R+r)}{p^2 r} \stackrel{\text{Mitrinovic}}{\leq} \frac{(m+1)(4R+r)}{27r^3} \stackrel{\text{Euler}}{\leq} \frac{(m+1)R}{6r^3} \end{aligned}$$

$$5) \quad \forall x, y > 0; n \in N \Rightarrow \frac{x^{n+1} + y^{n+1}}{x^n + y^n} \leq \sqrt{\frac{x^{n+2} + y^{n+2}}{x^n + y^n}} \leq \sqrt[3]{\frac{x^{n+3} + y^{n+3}}{x^n + y^n}} \leq \frac{x^{n+2} + y^{n+2}}{x^{n+1} + y^{n+1}}.$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. } \frac{x^{n+1} + y^{n+1}}{x^n + y^n} \leq \sqrt{\frac{x^{n+2} + y^{n+2}}{x^n + y^n}} \Leftrightarrow \left(\frac{t^{n+1} + 1}{t^n + 1} \right)^2 \leq \frac{t^{n+2} + 1}{t^n + 1}, t = \frac{x}{y} \Leftrightarrow P(t) = t^n(t-1)^2(t^n +$$

$$1) \geq 0;$$

$$\sqrt{\frac{x^{n+2} + y^{n+2}}{x^n + y^n}} \leq \sqrt[3]{\frac{x^{n+3} + y^{n+3}}{x^n + y^n}}, t = \frac{x}{y} \Leftrightarrow \left(\frac{t^{n+2} + 1}{t^n + 1} \right)^3 \leq \left(\frac{t^{n+3} + 1}{t^n + 1} \right)^2, t = \frac{x}{y} \Leftrightarrow P(t) = \\ t^n(t^n + 1)^2(t^{n+6} - 3t^{n+4} + 2t^{n+3} + 2t^3 - 3t^2 + 1) = t^n(t-1)^2(t^n + 1)^2(t^{n+4} + 2t^{n+3} + \\ 2t + 1) \geq 0;$$

$$\sqrt[3]{\frac{x^{n+3}+y^{n+3}}{x^n+y^n}} \leq \frac{x^{n+2}+y^{n+2}}{x^{n+1}+y^{n+1}} \Leftrightarrow \frac{t^{n+3}+1}{t^{n+1}} \leq \left(\frac{t^{n+2}+1}{t^{n+1}+1}\right)^3, t = \frac{x}{y} \Leftrightarrow P(t) = t^n(t^{2n+6} - 3t^{2n+5} + 3t^{2n+4} - t^{2n+3} - t^3 + 3t^2 - 3t + 1) = t^n(t^{2n+3}(t-1)^3 - (t-1)^3) = t^n(t-1)^3(t^{2n+3} - 1) = t^n(t-1)^4(t^{2n+2} + t^{2n+1} + \dots + t + 1) \geq 0.$$

$$6) \forall x, y > 0 \Rightarrow \frac{x+y}{2} \leq \sqrt{\frac{x^2+xy+y^2}{3}} \leq \sqrt{\frac{x^2+y^2}{2}} \leq \sqrt{x^2-xy+y^2} \leq \frac{x^{n+1}+y^{n+1}}{x^n+y^n}, n \in N, n \geq 2.$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. } \frac{x+y}{2} \leq \sqrt{\frac{x^2+xy+y^2}{3}} \Leftrightarrow \frac{t+1}{2} \leq \sqrt{\frac{t^2+t+1}{3}}, t = \frac{x}{y} \Leftrightarrow P(t) = (t-1)^2 \geq 0;$$

$$\sqrt{\frac{x^2+xy+y^2}{3}} \leq \sqrt{\frac{x^2+y^2}{2}} \Leftrightarrow \sqrt{\frac{t^2+t+1}{3}} \leq \sqrt{\frac{t^2+1}{2}}, t = \frac{x}{y} \Leftrightarrow P(t) = (t-1)^2 \geq 0;$$

$$\sqrt{\frac{x^2+y^2}{2}} \leq \sqrt{x^2-xy+y^2} \Leftrightarrow \sqrt{\frac{t^2+1}{2}} \leq \sqrt{t^2-t+1}, t = \frac{x}{y} \Leftrightarrow P(t) = (t-1)^2 \geq 0;$$

$$\sqrt{x^2-xy+y^2} \leq \frac{x^{n+1}+y^{n+1}}{x^n+y^n} \Leftrightarrow t^2-t+1 \leq \left(\frac{t^{n+1}+1}{t^{n+1}}\right)^2, t = \frac{x}{y} \Leftrightarrow P(t) = t^{2n+1}-t^{2n}-2t^{n+2}+4t^{n+1}-2t^n-t^2+t = t(t-1)(t^{2n-1}-2t^{n-1}(t-1)-1) = t(t-1)^2(t^{2n-2}+t^{2n-3}+\dots+t^{n+1}+t^{n-2}(t^2-t+1)+t^{n-3}+\dots+t^2+t+1) \geq 0.$$

$$7) \quad \forall x, y > 0, n \in N, n \geq 2 \Rightarrow \frac{x^{n+2}+y^{n+2}}{x^n+y^n} \geq \sqrt{\frac{x^4+y^4}{2}}$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. } \frac{x^{n+2}+y^{n+2}}{x^n+y^n} \geq \sqrt{\frac{x^4+y^4}{2}} \Leftrightarrow \left(\frac{t^{n+2}+1}{t^{n+1}}\right)^2 \geq \frac{t^4+1}{2}, t = \frac{x}{y} \Leftrightarrow P(t) = t^{2n+4}-t^{2n}-2t^{n+4}+4t^{n+2}-2t^n-t^4+1 = t^{2n}(t^4-1)-2t^n(t^2-1)^2-(t^4-1) = (t^2-1)(t^{2n}(t^2+1)-2t^n(t^2-1)-(t^2+1)) = (t-1)(t+1)((t^2+1)(t^{2n}-1)-2t^n(t-1)(t+1)) = (t-1)^2(t+1)(t^{2n+1}+t^{2n}+2t^{2n-1}+\dots+2t^{n+2}+2t^{n-1}+2t^{n-2}+\dots+2t^3+2t^2+t+1) \geq 0;$$

$$8) \Delta ABC \Rightarrow \frac{a^{n+5}+b^{n+5}}{ab(a^n+b^n)} + \frac{b^{n+5}+c^{n+5}}{bc(b^n+c^n)} + \frac{c^{n+5}+a^{n+5}}{ca(c^n+a^n)} \geq 144\sqrt{3}r^3.$$

Gheorghe Ghiță, Buzău

$$\text{Soluție. Lemă. } \forall x, y > 0 \Rightarrow \frac{x^{n+5}+y^{n+5}}{x^n+y^n} \geq \frac{2x^3y^3}{x+y};$$

$$\frac{x^{n+5}+y^{n+5}}{x^n+y^n} \geq \frac{2x^3y^3}{x+y} \Leftrightarrow \frac{t^{n+5}+1}{t^{n+1}} \geq \frac{2t^3}{t+1}, t = \frac{x}{y} > 0 \Leftrightarrow P(t) = t^{n+6}+t^{n+5}-2t^{n+3}-2t^3+t+1 = t^{n+3}(t^3+t^2-2)-(2t^3-t-1) = t^{n+3}(t-1)(t^2+2t+2)-(t-1)(2t^2+2t+1) = (t-1)(t^{n+5}+2t^{n+4}+2t^{n+3}-2t^2-2t-1) = (t-1)(t^{n+5}-1+2t(t+1)(t^{n+2}-1)) = (t-1)^2(t^{n+4}+t^{n+3}+\dots+t+1+2t(t+1)(t^{n+1}+t^n+\dots+t+1)) \geq 0;$$

$$\sum \frac{a^{n+5} + b^{n+5}}{ab(a^n + b^n)} \stackrel{\text{Lemă}}{\geq} \sum \frac{2a^3b^3}{ab(a+b)} = 2 \sum \frac{(ab)^2}{a+b} \stackrel{\text{Bergström}}{\geq} \frac{2(\sum ab)^2}{\sum(a+b)} \stackrel{\text{ab} \geq 18Rr}{\geq} \frac{2(18Rr)^2}{2\sum a} = \frac{324R^2r^2}{p} \stackrel{\text{Mitrinovic}}{\geq}$$

$$\frac{648R^2r^2}{3\sqrt{3}R} = 72\sqrt{3}Rr^2 \stackrel{\text{Euler}}{\geq} 144\sqrt{3}r^3.$$

$$9) \Delta ABC, n \in N^*, m > 0 \Rightarrow \frac{a^{n+1}b^{n+1}}{(a^{n+2}-b^{n+2})^2+ma^3b^3(a^{n-1}+b^{n-1})^2} + \frac{b^{n+1}c^{n+1}}{(b^{n+2}-c^{n+2})^2+mb^3c^3(b^{n-1}+c^{n-1})^2} + \frac{c^{n+1}a^{n+1}}{(c^{n+2}-a^{n+2})^2+mc^3a^3(c^{n-1}+a^{n-1})^2} \leq \frac{1}{16mr^2}.$$

Gheorghe Ghiță, Buzău

Soluție. Lemă. $n \in N^*, m > 0; a, b > 0 \Rightarrow (a^{n+2} - b^{n+2})^2 + ma^3b^3(a^{n-1} + b^{n-1})^2 \geq 4ma^{n+2}b^{n+2} \Leftrightarrow (t^{n+2} - 1)^2 + mt^3(t^{n-1} + 1)^2 \geq 4mt^{n+2}, t = \frac{a}{b} > 0 \Leftrightarrow (t^{n+2} - 1)^2 + mt^3(t^{n-1} - 1)^2 = (t - 1)^2((t^{n+1} + t^n + \dots + t + 1)^2 + mt^3(t^{n-2} + t^{n-3} + \dots + t + 1)^2) \geq 0;$

$$\sum \frac{a^{n+1}b^{n+1}}{(a^{n+2}-b^{n+2})^2+ma^3b^3(a^{n-1}+b^{n-1})^2} \stackrel{\text{Lemă}}{\leq} \sum \frac{a^{n+1}b^{n+1}}{4ma^{n+2}b^{n+2}} = \sum \frac{1}{4mab} = \frac{\sum a}{4mabc} = \frac{2p}{16mpRr} = \frac{1}{8mRr} \stackrel{\text{Euler}}{\leq} \frac{1}{16mr^2}.$$

$$10) p \in N, n \in N^* \Rightarrow \text{șirul } a_n = \frac{1^{p-1}+1}{1^{p+2}+1} + \frac{2^{p-1}+1}{2^{p+2}+1} + \dots + \frac{n^{p-1}+1}{n^{p+2}+1} \text{ este convergent.}$$

Gheorghe Ghiță, Buzău

Soluție. Lemă. $p \in N, t > 0 \Rightarrow \frac{t^{p-1}+1}{t^{p+2}+1} \leq \frac{2}{t(t+1)} \Leftrightarrow P(t) = 2t^{p+2} - t^{p+1} - t^p - t^2 - t + 2 = 2t^p(t-1)^2 + 3t^p(t-1) - (t-1)(t+2) = 2t^p(t-1)^2 + (t-1)(t^p - t + 2t^p - 2) = (t-1)^2(2t^p + 3t^{p-1} + 3t^{p-2} + \dots + 3t + 2) \geq 0;$

$$a_n = \sum_{k=1}^n \frac{k^{p-1}+1}{k^{p+2}+1} \stackrel{\text{Lemă}}{\leq} \sum_{k=1}^n \frac{2}{k(k+1)} = 2 \sum_{k=1}^n \left(\frac{1}{k} - \frac{1}{k+1} \right) = 2 \left(1 - \frac{1}{n+1} \right) = \frac{2n}{n+1}.$$

$$a_{n+1} - a_n = \frac{(n+1)^{p-1}+1}{(n+1)^{p+2}+1} > 0 \Rightarrow (a_n)_{n \geq 1} \text{ strict crescător} \Rightarrow a_n \geq a_1 = 1 \Rightarrow 1 \leq a_n \leq \frac{2n}{n+1} < 2 \Rightarrow (a_n)_{n \geq 1} \text{ mărginit} \Rightarrow (a_n)_{n \geq 1} \text{ convergent}.$$

